

ACCELERATED EDUCATION PROGRAMME

HISTORY

SYLLABUSLevel 1 and 2



ACCELERATED EDUCATION PROGRAMME

HISTORY SYLLABUS

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© National Curriculum Development Centre (2019)

Published by

National Curriculum Development Centre P.O. Box 7002,

Kampala- Uganda www.ncdc.go.ug

ISBN: 978-9970-00-167-5

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Contents

Foreword	vi
Acknowledgement	
Glossary of Key Terms	viii
Introduction to Accelerated Education Programme	i
Aims of AEP History Syllabus	ii
Assessment Model	iii
Content Structure	
How to Use the Syllabus	v
LEVEL 1	1
East African History	1
Topic 1: Introduction to History	1
Sub-topic 1: Definition and the Importance of History	1
Sub-topic 2: Sources of History	1
Topic 2: Arabs at the Coast of East Africa	3
Topic 3: Migrations into East Africa	
Competency	4
Sub-topic 1: Luo Migrations	4
Sub-topic 2: Bantu Migration	5
Sub-topic 3: Mfecane Migrations	5
Topic 4: State Formation in East Africa	7
Sub-topics 1: Pre-colonial Societies in East Africa	7
Sub-topic 2: Organisation of the Pre-colonial Kingdoms	
Sub-topic 3: The Organisation of Decentralised Societies	8
Topic 5: The External Trade Contacts to East African Communities for	
1800 to 1880	10
Sub-topic 1: Slave Trade and Slavery	
Sub-topic 2: Indian Ocean	10
Sub-topic 3: The Long Distance Trade	11
Topic 6: Colonisation and the Scramble for East Africa by 1880	
Sub-topic 1: Colonisation of East Africa	13
Sub-topic 2: Methods of Imposition of Colonial Rule	
Sub-topic 3: Christian Missionaries in East Africa	14
Topic 7: The Colonial Administrative Systems in East Africa	
Sub-topic 1: Background	16
Sub-topic 2: Colonial Administrative System in Uganda	16
Sub-topic 3: Colonial Administrative System in Tanganyika	17
Topic 8: Response to the Establishment of Colonial Rule in East Africa	a 19
Sub-topic 1: Introduction	
Sub-topic 2: Collaboration	19



Duration: 2 hours	
Sub-topic 3: Resistance to Colonial Rule	
Sub-topic 4: Conflicts and Resolutions in East Africa	
Topic 9: The Colonial Economy in East Africa	
Sub-topic 1: Background	
Sub-topic 2: Agricultural Developments in Colonial Economy	
Sub-topic 3: Industrial Developments	
Sub-topic 4: Social Developments	
Sub-topic 5: Political Developments in East Africa	
Sub-topic 6: Colonial Transport Policy: The Uganda Railway	
Topic 10: East African Community	
Topic 11: National Movements and Struggle for Independence in	
Sub-topic 1: Background	
Sub-topic 2: Uganda	
Sub-topic 3: Kenya	32
Sub-topic 4: Mau-Mau Rebellion of 1952-1960	
LEVEL 2	
History of Southern Africa	
Topic 1: The Earliest Peoples of South Africa	
Sub-topic 1: Introduction	
Sub-topic 2: The San	
Sub-topic 3: The Khoikhoi	
Sub-topic 4: The Bantu	
Topic 2: Early European Occupation of the Cape	
Sub-topic 1: The Dutch Settlement	
Sub-topic 2: British	
Topic 3: Mfecane Movement and the Formation of New States	
Sub-topic 1: Mfecane Movement	
Sub-topic 2: The Zulu State	
Sub-topic 3: The Sotho State	
Topic 4: European Penetration into the Interior of Southern Africa	
Great Trek.	
Topic 5: Christian Missionary Activity in Southern Africa	
Sub-topic 1: Christian Missionaries in Southern Africa	
Sub-topic 2: Missionary Personalities: John Phillip	
Sub-topic 3: Missionary Dr Van Der-Kemp	46
Topic 6: New Scramble of Southern Africa	
Sub-topic 1: Background	
Sub-topic 2: Mineral Discovery	
Sub-topic 3: 1st Anglo-Boer War	49

Sub-topic 4: Jameson Raid	49
Sub-topic 5: 2 nd Anglo-Boer War	
Sub-topic 6: Act of Union	50
Topic 7: African Response to the Scramble for and Partition of So	
Africa	52
Sub-topic 1: Nama-Herero	52
Sub-topic 2: Bambatha Rebellion	53
Topic 8: Apartheid Policy	54
Sub-topic 1: Apartheid Rule	54
Sub-topic 2: Bantustans	54
Topic 9: African Nationalism in Southern Africa Since 1910	56
Sub-topic 1: Rise of Nationalism	56
Sub-topic 2: Nationalism in Namibia	57
Bibliography	



Foreword

Education is a fundamental tool for protection of conflict-and-disaster-affected children and youths from harm and exploitation. This is a crucial part of UNESCO's advocacy messages. Under appropriate conditions of security, provision of education can protect children and youth from recruitment into fighting forces, forced labour, prostitution, drug abuse and other criminal activities. In post-conflict settings, education contributes to the reintegration into society of former soldiers and other children and youths associated with fighting forces.

The National Curriculum Development Centre (NCDC), in collaboration with War Child Canada, embraced Accelerated Education Programme (AEP) that focuses on providing relevant and appropriate education to learners in refugee camps and the host communities of secondary school age (ages 16-45+) in Adjumani District. The programme will help them to acquire the necessary competencies that will enable them to 'catch-up' and re-join learners of the same (or near) age group in the formal education programme.

Accelerated Education Programme subjects were selected based on the Ugandan regulation which states that learners must study the seven core subjects; these are: Mathematics, English, Physics, Chemistry, Biology, History and Geography. So learners under AEP shall take all the core subjects. In addition, learners shall take: Religious Education which will help to address the prevalence of early marriages for the girl-child, cases of indiscipline and moral modelling– Personal Social and Health Education/Physical Education which will help to develop physically, learn to live together, develop talents and become emotionally balanced; Guidance and Counselling in which teachers will be trained on integration of guidance and counselling services in the delivery of the education curriculum.

This Programme will equip teachers and other stakeholders in schools and the communities with relevant information, values and skills that will enable them to effectively facilitate the teaching and learning processes.

We recommend AEP and trust that the materials will be valuable; in your endeavour to meet the educational needs of the refugee learners and other beneficiaries from the host communities.

Hon. Janet Kataaha Museveni
MINISTER OF EDUCATION AND SPORTS

Acknowledgement

National Curriculum Development Centre (NCDC) would like to express its gratitude to all those who, in one way or another, contributed and worked tirelessly towards the development of this Accelerated Education Programme (AEP) History Syllabus.

Special thanks go to War Child Canada - Uganda for the financial support, their guidance in overseeing and taking timely decisions whenever necessary during the development and production of this AEP Mathematics Syllabus.

We also express our gratitude to NCDC Subject Specialists and panel members for their professional guidance and technical assistance.

Furthermore, NCDC recognises the work of the editors who worked with the writers through the development of this document.

NCDC takes responsibility for any shortcomings that might be identified in this syllabus and welcomes suggestions for addressing the inadequacies. Such comments and suggestions may be communicated to NCDC through: P.O. Box 7002, Kampala or e-mail admin@ncdc.og.ug.

Grace K. Baguma

DIRECTOR

NATIONAL CURRICULUM DEVELOPMENT CENTRE



Glossary of Key Terms

Term	Definition
Accelerated	This is a special two-year secondary education programme for
Education	refugees and special adult people in refugee host communities.
Programme	
(AEP) -	
Secondary	
History	Series of events that happened in the past.
Competence	What the learner can exhibit or do as a result of learning certain
	concepts within a topic.
Formative	The practice of building a cumulative record of the learner's
Assessment	achievement on a routine basis during the learning in order to
	gauge progress and provide information for the subsequent
	learning steps.
Learning	Short statements that show what the learner must do in order
Activities	to achieve the outcomes of a topic and acquire its competences.
Learning	A statement which specifies what the learner should know,
Outcome/Main	understand, be able to do or demonstrate, or the attitude or
Objective	values which she/he should assimilate and portray as a result
	of the learning process. This is indicated for each sub-topic.
Skill	The ability to perform mental/physical activities or tasks
	arising from application of knowledge over time.
Suggested	A task which gives the learner opportunity to show the extent
Assessment	to which she/he has achieved the intended outcomes for a
Strategy	topic.
Summative	A set of activities which measure the achievement of learning
Assessment	outcomes at the end of a unit of study or section of study time,
	e.g. one topic, one month, one term, one year or end of cycle.

Introduction to Accelerated Education Programme

Worldwide, substantial alternative schooling programmes are developed to meet the basic education needs of under-reached children. Of recent, it has been increasingly recognized that the goals of Education for All cannot be achieved unless more attention is paid to educating out-of-school children (UNESCO, Global Monitoring Report, 2008). Indeed, the UNESCO Global Monitoring Report 2010 'Reaching the Marginalized' focused on this issue. In a bid to help developing countries achieve the Millennium Development Goals, there should be initiatives to incorporate elements of accelerated learning to achieve SDG 4.

The Accelerated Education Programme (AEP) in Uganda is a form of curriculum option which combines the stronger features of earlier mainstreaming approaches into the new design to raise the success rates for refugee community learners. The AEP secondary school tier is a bigger stride to address the education gap within refugee communities not only in Uganda but also in other neighbouring countries. This AEP for Secondary has benchmarked on the Primary AEP Programme, and intends to infer the entire process of education and its cognitive, emotional, and social components.

The Accelerated Learning Programme at Secondary school level focuses on completing learning in a shorter period of two years. The AEP is complementary both in providing an alternative route and in matching its curriculum to the 'official' curriculum, thus allowing the learners to return to formal schooling at some stage. The programme intends to promote access to education in an accelerated timeframe for disadvantaged groups, out of school and over-age children, and youths who missed out or had their education interrupted due to poverty, violence, conflict and crisis. The goal of this programme is to provide the learners with competencies equivalent to those in the formal system in an accelerated timeframe, with the learners either transitioning back into the mainstream education or exiting with some competencies required for work.

Ideally, teaching AEP calls for a methodology that is interactive and learner-centred, incorporating other aspects of multiple-intelligence learning. Because



teaching and learning are accelerated, and the curriculum content is compressed and condensed, the four 'P' elements are at the core of the accelerated learning cycle: processes, psychological, physiological and physical. These core elements provide the physical and psychological space in which the learners can learn more effectively.

It is intentional to include alternative subjects in this programme e.g. life skills, peace education, environment, HIV and AIDS which are responsive to the context. The learners of AEP need alternative supporting knowledge and life skills to survive in the challenging world. It is equally important to note that this conception of accelerated learning requires an extremely well-resourced classroom and exceptionally well-trained teachers. The expanded learning time from the norm is because the teaching methodology is interactive and learner-centred.

It is our hope that AEP will register considerable success in meeting the educational needs of these underserved populations, not only in terms of access and equity, but also in being able to return to school for the completion of their education, and most importantly, in getting measurable learning outcomes.

Aims of AEP History Syllabus

This AEP History syllabus revisited the current syllabus and made it better with new and relevant information. The topics in History have been blended with those of Political Education bearing in mind the complexity, concept level and age of the learners.

It has the following aims:

- i) **Development of knowledge:** It aims at providing direction to the teachers who seek to have knowledge in teaching the 2 level History syllabus for the AEP.
- ii) **Change of attitudes and values**: It aims at ensuring change of behaviour and discipline of the learners. By studying the History of different communities and cultures, the learners will appreciate other peoples' cultures, and develop a positive attitude towards life.
- iii) Production of informed and responsible citizens at local, national and international levels: Learners are encouraged to appreciate themselves

and the cultural history of various communities by using all available reading materials.

iv) **Provision of important skills:** Learners will acquire fieldwork, interactive, analytical, cognitive and numeracy skills which are vital in the History.

Assessment Model

The whole course will last for two years divided into six terms with two levels of teaching demarcation. Each of the two levels will last for one year. There will be formative assessment, which will be done daily and instantly in class during teaching. There will also be summative assessment which will come at the end of each term. At the end of level 2, the learners will sit for the Uganda National Examinations Board (UNEB) Uganda Certificate of Education (UCE) exams. The successful candidates will either join Senior Five or technical colleges. Those who will fail the exams can re-register normally with another group of Senior Four candidates to re-sit the exams. This can be outside the AEP arrangements due to scarcity of resources.

Content Structure

The AEP for History is divided into topics and sub-topics for the two levels as indicated in the following table.

Level 1	Level 2	
1. Introduction to History	1. Earliest Peoples of South Africa	
 Definition and importance of 	• San	
history	 Khoikhoi 	
 Sources of history 		
2. Arabs at the Coast of East Africa	2. Early European Occupation of	
 Reasons for their coming 	the Cape	
 Origin of Swahili culture 	The Dutch	
 Effects 	 The British 	
 Seyyid Said at Zanzibar 		
3. Migrations System into East Africa	3. New States in Southern Africa	
 Luo: culture, religion impact 	• Zulu	
 Bantu 	Sotho	
 Ngoni 		
4. State Formation	4. European Penetration	
 Buganda 	Great trek	
 Acholi 		



Level 1	Level 2	
Kikuyu		
5. External Contacts	5. European Christian Missionary	
 Indian Ocean trade 	Activities in Southern Africa	
 Long Distance trade 	 Why they came 	
Slave trade	 Activities 	
	• Effects	
	 Challenges 	
6. European Imperialism in East Africa	6. New Scramble of Southern	
 Scramble and partition 	Africa	
 Methods of imposition 	 Jameson raid of 1985 	
Buganda Agreement	 Mineral discovery 	
 Missionaries 	First Anglo-Boer war	
 Chartered companies 	Second Anglo-Boer war	
	• Act of Union	
7. Colonial Administrative Systems in	7. African Response to Scramble of	
East Africa	Southern African	
• Indirect rule	Nama-Herero	
Direct rule	Bambatha	
	War of guns	
8. African Response to Colonial Rule	8. Apartheid Policy	
 Collaboration 	Why it was used	
Semei Kakungulu	 Its application 	
 Resistance to colonial rule 	 Resistance to apartheid rule 	
 Causes of conflicts 	• Effects	
 Conflict resolution 		
 Maji Maji 		
 Kabalega 		
Passive resistance		
9. Colonial Economy in East Africa	9. African Nationalism	
Uganda railway	South Africa	
Agricultural development	 Namibia 	
Industrial development		
10. East Africa Community		
Why it was formed		
Reasons for its collapse in 1967		
Why it was revived		
• Challenges		

Level 1	Level 2
11. Independence Struggles in East	
Africa	
 Factors for the growth of 	
nationalism	
 Mau-Mau rebellion 	
 Challenges 	

Note: Throughout this History syllabus, emphasis should be put on the following learning outcomes:

- a) **Knowledge:** The learner has a wide and excellent knowledge of the main facts of history including names, location of places, dates and the timelines and the terminologies related to history.
- b) **Comprehension or understanding:** The learner shows an excellent understanding of the concepts related to his or her origin, environment and the historical facts. He/she can relate these facts or concepts to each other, and understand the impact of them to humanity and the environment around him/her.
- c) **Application and higher abilities:** Through discussions, the learner exhibits development of critical skills for example communication and critical thinking in order to form sensible/clear opinions concerning the values and the attitudes connected to his or her society. He/she fully understands the impact and the interdependence of facts about his /her community.
- d) **Practical skills:** The learner demonstrates skills of research, fieldwork, photographic interpretation and the use of diagrams. He/she demonstrates use of map work on atlases to understand facts and concepts.

How to Use the Syllabus

This History syllabus is aimed at providing the teacher with guidance required to teach the subject at Lower Secondary School level. The teacher is expected to be innovative and make any valuable additions on this syllabus for the benefit of the learner. This teaching syllabus has the following features:

a) **Competence:** This is a statement of the general learning outcomes expected of the learner at the end of each topic. It is stated at the top of the table for each topic in the detailed syllabus.



- b) **Learning outcomes:** These are the expected behaviour attainment which the learner will exhibit after the study of the topic and sub-topics. They have been provided to help the teacher clarify content and scope. They also guide the teacher in evaluation during the learning and teaching of a lesson.
- c) Suggested learning activities: These provide the teacher with guidance on what to teach. These are tasks which the learner should accomplish to acquire the learning outcomes. The teacher should use appropriate teaching methods to enable the learner to achieve the desired competences. The methods include: group work, discussions, etc.
- d) **Sample assessment strategies:** These activities are meant to test the level of understanding for each topic or sub-topic. However, other assessment activities can be suggested by the teacher or those in textbooks appropriate to the topic.
- e) **Hint/notes to the teacher:** These further clarify the scope and depth of coverage for some topics. They should be taken seriously to avoid leaving out content or giving content beyond the scope of the learner.
- f) **Number of periods per topic:** The number of periods suggested for each topic is only to be used as a guide to enable the teacher cover the given work using the adequate time. The time period given is estimated to match with topics.

LEVEL 1

East African History

Topic 1: Introduction to History

Duration: 4 Hours

Competency

The learner should be able to appreciate the value of history and the background knowledge of man's early civilization.

Learning Outcome	Suggested Teaching and Learning Activities	Sample Assessment Strategy
Sub-topic 1: Defin	ition and the Important	ce of History
The learner should be able to: a. understand the meaning of the term "history". b. appreciate the learners brainstorm the meaning of the term groups and discuss the learners to form taught at Local taught		essay explaining at least five
The learner should be able to analyse information from a variety of sources of history from classwork, the libraries and internet. s	 i) Using the Internet or library research, task the learners to identify the key sources of history. ii) In a classroom discussion, guide the learners to brainstorm the advantages and limitations of each source of history. 	• Describe the challenges of finding out the sources of history.



Hint to the Teacher

Allow the learners to visit the school library and read about the reasons for studying history to compare with what the Internet information holds. The learner-centred method works here best.

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- Sharman, M. (1971). *Man, Civilization and Conquest*. Longman, Nairobi, Kenya. pp 3-10.
- Tread, A. J. et al (2012). Solomon Islands: Social Studies Learners' Book 7. Pearson, Port Melbourne, Australia pp 1-22.

Topic 2: Arabs at the Coast of East Africa

Duration: 4 Hours

Competency

The learner should be able to appreciate the impact of the Arabs settlement at the East African coast.

Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy
The learner should be able to: a. understand how and why Arabs came to the East African Coast.	i) Engage the learners to give their views about Arabs.ii) Task the learners to explain the reasons for the coming of Arabs to the coast of East Africa.	Categorize the reasons for the coming of Arabs at the coast of East Africa.
 b. analyse the effects of Arab settlement on the East African Coast. c. know the reasons why Seyyid Said transferred his capital 	iii) Guide learners to use the Internet or library research to trace the origin of Swahili culture.iv) Guide the learners to form groups and discuss the effects of Arab settlement at the East African	Bust Mireu.
from Muscat to Zanzibar and the contributions he made in the development of Zanzibar and the East African Coast.	Coast. v) Guide the learners in a brainstorming session about the reasons why Seyyid Said shifted his capital from Muscat to Zanzibar. vi) In groups identify the contributions made by Seyyid Said to the peoples of Zanzibar.	

Hint to the Teacher

Use an atlas to find out historical features of the East African Coast. Involve the learners in the lesson fully. Individually they should take notes and draw the map in their books.

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Kanamwangi, D. (2012). *East African History*. Kampala, Uganda. pp 2 Okello, B. (2002). *History of East Africa 1000 AD – Independence*. Kampala, Uganda. pp 52-58.



Topic 3: Migrations into East Africa

Duration: 6 Hours

Competency

The learner should be able to explain the migration patterns and the settlement of the Luo, Bantu and Ngoni people into East Africa by 1800.

Sub-topic 1: Luo Migrations			
Duration: 2 Hours			
Learning Outcomes	Suggested Teaching and Learning	Sample	
	Activities	Assessment	
The learner should be		• Compare the	
able to: a. understand the origin of Luo people. b. know the reasons for Luo migration into East Africa. c. draw the sketch map showing the course/movement and migration of the Luo into East Africa. d. analyse the effects of Luo migration. e. appreciate the impact of migrations into East Africa.	Internet or library research to explain the origin of the Luo people. ii) Ask learners to show a reflection of their culture and religion to that practiced by Luo migrants. iii) Let the learners relate their experience to that of the Luo in a brainstorming session on the reasons for Luo migration into East Africa. iv) In a guided discussion, ask the learners to discuss the effects of Luo migration into East Africa. v) Task the learners to draw a sketch map that demonstrates the course of Luo migration into	lifestyle of current Luo people with those of 19th Century period in East Africa. Observe if the learners can draw the map of East Africa and on it mark the migration and settlement routes of Luo people. Make learners compare their experiences of migration to that of the Luo people and explain the	

Sub-topic 2: Bantu Migration

Duration: 2 Hours

The learner should be | i) able to:

- a. understand the origin of the Bantu groups that came to East Africa.
- b. know the reasons for Bantu migration into East Africa.
- c. evaluate the debate on the effects of Bantu migrations into East Africa.

- Use the Internet or library research to describe the origin of the Bantu people.
- ii) Engage the learners to identify the groups of the Bantu people who came to East Africa by 1800.
- iii) Organise the learners to brainstorm the reasons for Bantu migration into East Africa.
- iv) Guide learners to compare the reasons for Bantu migrations with those of today.
- v) Organise the learners for a debate session about the effects of Bantu migration on the peoples of East Africa.

- In groups, learners compare the causes and the impact of Luo and Bantu migrations into East Africa.
- Task each learner to draw and describe the migration map of the Bantu people into East Africa.

Sub-topic 3: Mfecane Migrations

Duration: 2 Hours

The learner should be able to:

- a. understand the origin of the Ngoni people who came to East Africa.
- b. know the reasons for the migration of the Ngoni.
- c. appreciate the impact of the Ngoni migration on the peoples of East Africa.
- Guide the learners to use the Internet or library research to describe the meaning of the term "Mfecane".
- ii) Task the learners to use library and carry out a research on the relationship between the Mfecane and the Ngoni people.
- iii) Engage the learners to identify the reasons for the Ngoni migration into East Africa.
- iv) Organise the learners for a debate session to discuss the effects of Ngoni migration on the peoples of East Africa.

- Engage the learners to find out whether they can distinguish between Ngoni and Ngoni people.
- Task the learners to draw the map of Africa and on it indicate the migration routes and settlement of the Ngoni people.
- Brainstorm with the learners to find out their knowledge of the results of Mfecane movement.



Hint to the Teacher

Use a wall map of East Africa and tell the learners about the current groups of people who are products of migration patterns in East Africa. For clarity, the learners should attempt to draw a map of the course of migration of each group.

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Topic 4: State Formation in East Africa

Duration: 5 Hours 30Minutes

Competency

The learner should be able to mention examples, explain the features and the organisation of centralised and non-centralised states in East Africa.

Sub-topics 1: Pre-colonial Societies in East Africa		
Duration: 1Hour 30 Minutes		
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategies
The learner should be able to: a. know the centralised and non-centralised states in East Africa. b. understand the characteristics of centralised and non-centralised states c. analyse the differences between centralised and non-centralised states.	 i) Using a dictionary, ask the learners to look up the meaning of 'centralised' and 'decentralised', and ask them to apply the meaning to identify centralised and non-centralised states in East Africa. ii) Use the Internet and the library research to find out the reasons for state formation in East Africa. iii) Use a guided discovery method to teach the learners the history and civilization of the Chwezi Empire. iv) Task the learners to identify the types of societies in pre-colonial East Africa. v) Guide the learners to list the centralised states in East Africa. vi) Use a brainstorming session to let the learners list the noncentralised societies in East Africa. vii) In groups, task the learners to distinguish between the centralised and the noncentralised states in East Africa. 	 Let the learners describe the characteristic s of a centralised and noncentralised society. Observe the comments of the learners on the extent to which the traditional systems have been maintained in the present kingdoms systems.



Sub-topics 1: Pre-colonial Societies in East Africa

Duration: 1Hour 30 Minutes

Learning Outcomes

Suggested Teaching and Learning Activities

Assessment Strategies

Sample

Sub-topic 2: Organisation of the Pre-colonial Kingdoms

Duration: 2 Hours

The learner should be able to:

- a. know the reasons for growth and expansion of precolonial societies.
- b. draw a sketch map of countries where these societies are located (s).
- c. appreciate the level of organisation of these societies before colonialism.
- d. Understand the leadership skills of traditional leaders of pre-colonial societies.

- i) Ask the learners to contact elders in their community about how societies operated before colonialism.
- expansion of precolonial societies. draw a sketch map of countries where iii) Encourage the learners to share their findings in class and then discuss the growth and expansion of pre-colonial societies.
- these societies are liii) Engage the learners in a discussion located (s).

 appreciate the level of organisation of organisation of liii) Engage the learners in a discussion about the factors that led to the growth and expansion of any two pre-colonial kingdoms.
 - societies iv) Guide the learners in a discussion about the organisation of any two kingdoms.
 - v) Demonstrate to the learners how the East African pre-colonial societies were administered.
 - vi) Task the learners to use the library research to draw maps where the selected kingdoms are located.

Task the learners to identify features of centralised societies.

Sub-topic 3: The Organisation of Decentralised Societies

Duration: 2 Hours

The learner should be able to:

- a. understand the key features of precolonial
- Guide the learners to use the Internet or library research to find out the key features of decentralised societies in East
- Task the learners to draw a table and make a distinction between the

Sub-topics 1: Pre-colonial Societies in East Africa					
Duration: 1Hour 30 Min	Duration: 1Hour 30 Minutes				
Learning Outcomes	Learning Outcomes Suggested Teaching and Learning				
	Activities	Assessment			
	,	Strategies			
decentralised	Africa.	features of			
societies in East	ii) Guide the learners to use the	centralized and			
Africa.	Internet skills or library	the non-			
b. draw the sketch	research to draw a sketch	centralized			
map of East Africa	map of East Africa and locate	societies.			
and on it show the	the selected decentralised •	Discuss with the			
selected	societies.	learners the			
decentralised	iii) In groups, task the learners to	similarities and			
societies.	make presentations on the	differences in the			
c. appreciate the	organisational features of the	leadership styles			
organisational	decentralised societies in East	between the			
features of	Africa.	centralized and			
decentralised	iv) Organise the learners to	non-centralized			
societies in East	discuss the leadership styles	states in East			
Africa.	of the decentralised societies.	Africa.			

Hint to the Teacher

Help learners to name and categorise all centralized and non-centralized societies in East Africa. They should be able to compare the features of centralised and the non-centralised societies in East Africa. Encourage learners to carry relevant textbooks to class for reference.

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Topic 5: The External Trade Contacts to East African Communities from 1800 to 1880

Duration: 5 Hours 30 Minutes

Competency

The learner should be able to describe the external trade contacts to the East African communities.

Sub-topic 1: Slave Trade and Slavery					
Duration: 1 Hour 30 Minutes					
Learning Outcomes	Suggested Teaching and	Sample Assessment			
	Learning Activities	Strategies			
The learner should be able to:	i) Engage the learners in	d. Compare the			
a. understand the trade	library or the Internet	organisation of			
systems of slave trade, the	to find the meaning of	the Indian Ocean			
Indian Ocean trade and	slave trade and	trade and the			
the Long Distance trade.	slavery.	Long Distance			
b. know the items of trade	,	trade.			
used in slave trade, the	the library research to	e. Use the Internet to			
Indian Ocean trade and	find out the problems	find out the			
the Long Distance trade. faced by slave traders.		problems faced			
c. take part in a discussion	, ,	during the slave			
about the effects of slave	dramatize the benefits	trade and those			
trade and slavery in the	of the slave trade.	faced by traders in colonial time.			
Indian Ocean and Long Distance trade.	iv) Organise the learners to participate in a	Write and present			
Distance trade.	debate about the	a report.			
	advantages and the	a report.			
	disadvantages of slave				
	trade in East Africa.				
Sub-topic 2: Indian Ocean					
Duration: 2 Hours					
The learner should be able to: i) Guide the learners to Task the learners to					
a. draw a sketch map of East draw a sketch map of draw a sketch map					
Africa showing location of: trade routes used by East Africa and on					
- Coastal slave trade the Indian Ocean show the trade routes					

towns

- Indian Ocean
- Long distance trade routes
- the results of the b. assess Indian Ocean trade.
- c. analyse the ability to use historical sources, accounts and arguments to analyse the effect of the Indian Ocean trade.
- **d.** know the trade exchange systems used in East Africa since 1800.

traders.

- ii) Engage the learners in a discussion about the organisation of Indian Ocean the trade.
- iii) Let the learners brainstorm the reasons for the rise of the Indian Ocean trade.
- iv) Guide the learners to discuss the effects of Indian the Ocean trade in East Africa.

that were used coastal traders.

Sub-topic 3: The Long-Distance Trade

Duration: 2 Hours

The learner should be able to:

- a. draw a sketch map of Long Distance trade in East Africa.
- b. know the reasons for growth and expansion of East Africa.
- c. Appreciate the impact of these trade systems in East Africa.
- Task the learners to i) draw a sketch map of East Africa showing trade routes used by the Long Distance traders.
- Long Distance trade in ii) Organise the learners to use the library or the Internet to research the organisation of the Long Distance trade in East Africa.
 - iii) Involve the learners in brainstorming session to identify the reasons for the growth and expansion of the Long Distance trade.
 - iv) Guide the learners to participate in a debate about the effects of the Long Distance trade.

- d. Discuss with the learners the problems faced by the Long Distance traders.
- e. Task the learners to draw a sketch map of East Africa and locate the routes of the Long Distance trade.



Hint to the Teacher

You should be well versed with pre-colonial trade systems in East Africa. Guide the learners to differentiate between the slave trade, Indian Ocean trade and the Long Distance trade. Relevance of this trade should be made in current trade systems in East Africa.

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Topic 6: Colonisation and the Scramble for East Africa by 1880

Duration: 6 Hours 10 Minutes

Competency

The learner should be able to explain the causes, methods, and the impact of colonisation of East Africa.

Sub-topic 1: Colonisation of East Africa				
Duration : 2 Hours 10 Minutes				
Learning Outcomes	Suggested Teaching and Learning	Sample		
	Activities	Assessment		
		Strategies		
The learner should be	i) Guide the learners to list and	e. Organise		
able to:	discuss the various groups of	the		
a. know the groups of	foreigners who came to East	learners to		
Europeans who came	Africa:	carry out a		
to East Africa.	- Missionaries	debate to		
b. know the reasons for	- Chartered companies' agents	show		
the coming of various	- Explorers	whether		
European groups into	- Imperialists	colonisatio		
East Africa.	ii) In a brainstorming session, task	n was		
c. analyse the problems	the learners to identify the	beneficial		
faced by colonial reasons for the coming of each of		to East Africans.		
agents in East Africa.	above colonial agents. iii) Demonstrate to the learners the	f. Using		
of colonisation of East	,			
Africa.	roles played by each of above	illustration s, discuss		
All Ica.	agents towards colonisation of East Africa.	how Africa		
	iv) Engage the learners in a	was		
	discussion to find out the	partitioned		
	problems faced by each of above	and		
	agents of colonisation.	scrambled		
	v) Organise the learners to debate	for before		
	the effects of each of the above	1914.		
	colonial agents.			



Sub-topic 2: Methods of Imposition of Colonial Rule

Duration: 2 Hours

The learner should be able to:

- a. know the methods used in the establishment of colonial rule.
- b. understand the various methods used in the imposition of colonial rule.
- c. know the reasons that led to the signing of 1900 Buganda Agreement.
- d. analyse the terms of the 1900 Buganda Agreement.
- e. appreciate the impact of the 1900 Buganda Agreement in colonisation of Uganda.

- i) Guide the learners to brainstorm the methods used to the establishment of colonial rule.
- ii) Use the Internet and the library research to understand the background of the 1900 Buganda Agreement.
- ii) Task the learners to explain the reasons for the signing of the Buganda Agreement of 1900.
- iv) Use guided discovery to help the learners to analyse the terms and the significance of 1900 Buganda Agreement.
- v) Involve the learners in the discussion of the impact of the 1900 Buganda Agreement.

- Analyse the methods used by Europeans in the colonisatio n of East Africa.
- Discuss the impact of 1900
 Buganda
 Agreement on the peoples of Uganda.

Sub-topic 3: Christian Missionaries in East Africa

Duration: 2 Hours

The learner should be able to:

- a. know the European Christian Missionary groups in East Africa.
- b. know the reasons that led to the coming of European Christian Missionaries into East Africa.
- c. understand the activities carried out by missionaries in East Africa.
- d. evaluate the results of European Christian

- i) Use the Internet and the library research to find out the groups of missionaries who came to East Africa.
- ii) Task the learners to give the reasons for the coming of European Christian Missionaries in East Africa.
- iii) Organise the learners to debate about the effects of Christian Missionaries in East Africa.

Analyse the factors that led to the success of the European Christian Missionaries in East Africa.

Missionaries in East Africa.		ast Africa.	iv) Task the learners to use a	
e. analyse the challenges faced		nges faced	brainstorming session to	
	by	European	Christian	identify the challenges
Missionaries in East Africa.		ast Africa.	faced by missionaries in	
			East Africa.	

Hint to the Teacher

You should have sufficient examples to show the impact of colonisation in East Africa. Give the learners opportunity to understand which European country colonised specific countries in East Africa. You should use the brainstorm method to get contributions from the learners on this topic.

References

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Topic 7: The Colonial Administrative Systems in East Africa

Duration: 7 Hours 30 Minutes

Competency

The learner should be able to understand the nature and impact of the colonial administrative systems on the peoples of East Africa.

Sub-topic 1: Background				
Duration: 1Hour 30minutes				
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategies		
The learner should be able to: a. understand the meaning of the term colonial administrative systems. b. know the meaning of indirect and direct rule systems. c. draw the map of East Africa and use colours to differentiate colonial powers attached to each East African country. d. analyse reasons why the indirect rule was used in Uganda.	i) Task the learners to use the library research to describe the term colonial administrative systems. ii) Guide the learners to distinguish between the colonial administrative systems adopted in the East African region. iii) Ask the learners to identify the colonial powers attached to each system of colonial administration.	Compare the British system of indirect rule with the German system of direct rule in East Africa. Using the Internet, compare the system of administration used by Buganda Kingdom by 1900 and that of Uganda today.		
Sub-topic 2: Colonial Administrative System in Uganda Duration: 3 Hours				
The learner should be able to:	i) Involve the learners in a discussion about the key	Test the learners to individually explain		

- a. know the features of indirect rule in Uganda.
- b. use the Internet to search for more information about indirect rule system in Uganda
- c. appreciate the impact of indirect rule system on the peoples of Uganda.

- features of indirect rule in Uganda.
- ii) Group the learners to discuss how indirect rule was applied.
- iii) Task the learners to use the map of East Africa to show areas of operation of each administrative system.
- iv) Guide the learners to use the Internet to explain the term indirect rule.
- v) Involve the learners in a discussion about the reasons why indirect rule was used in Uganda.
- vi) Demonstrate to the learners how indirect rule was used in Uganda
- vii) Organise the learners in groups to discuss the effects of indirect rule system on the peoples of Uganda.

the methods used by the British to entrench their rule in Uganda during colonial time.

Sub-topic 3: Colonial Administrative System in

Tanganyika

Duration: 3 Hours

The learner should be able to:

- a. know the reasons why direct rule was applied by the Germans in Tanganyika.
- b. take the lead in the discussion about the effects of the direct rule system on the peoples of Tanganyika.
- i) Guide the learners to use the Internet or library research to describe the term "direct rule".
- ii) Ask the learners to identify the reasons why direct rule was applied by the Germans in Tanganyika.
- iii) Engage the learners in a discussion on how direct rule was applied in East Africa.

Brainstorm with the learners the number of problems faced by the Germans in their administration of Tanganyika.



c.	appreciate the role	iv) In groups, task the
	played by Lord	learners to discuss the
	Cameroon in the	effects of direct rule
	colonial	system on the peoples of
	administration in	Tanganyika.
	Tanganyika.	v) Guide learners to
		brainstorm the failures of
		direct rule in Tanganyika.
		vi) Guide the learners to use
		the Internet or library
		research to find out the
		role of Lord Cameroon in
		the colonial
		administration of
		Tanganyika.

Hint to the Teacher

You should be well versed with all modes of colonial administrative systems in East Africa. Learners should be able to differentiate between indirect rule, direct rule and assimilation. Let them take individual notes during class time.

References

- Atuhaire, G. K. (2010). *Early Civilization and the History of East Africa 1000 AD Independence*. Kampala, Uganda pp 134-183.
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- Nakiwala, R. (2014). *Revision UCE: History of East Africa.* Longhorn Publishers. Kampala, Uganda. pp 95-105.
- Odhiambo, A. (1984). History of East Africa. Longman, Nairobi, Kenya. pp 130-139.
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Topic 8: Response to the Establishment of Colonial Rule in East Africa

Duration: 6 Hours

Competency

After studying this topic, the learner should be able to categorise the types of responses that were encountered in East Africa and explain how East African communities reacted towards the coming of colonialists.

Sub-topic 1: Introduction					
Duration: 1Hour					
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategies			
The learner should be able to: a. understand the meaning of the term collaboration and resistance. b. know the key agreements made in East Africa with whites. c. know the conditions that led to each type of response.	 i) In groups, discuss the meaning of the terms collaboration and resistance. ii) Task the learners to define the term agreement. iii) Use the Internet or library research to make notes on the 1900 Buganda Agreement. iv) Involve the learners in a discussion on the several African responses expressed towards the coming of Europeans in East Africa. 	d. Explain why collaborators cannot be called traitors and resisters heroes. e. How did the 1900 Buganda Agreement benefit: - Buganda Kingdom? - British Protectorate in Uganda?			
Duration: 2 hours					
The learner should be able to: a. understand the circumstances that led to collaboration with Africans.	 i) Demonstrate to learners how Africans responded towards the coming of Europeans positively. Give some examples. ii) Introduce to learners what the 1900 Buganda 	 Analyse whether the collaborators were real and if resisters attained their desired goal of resistance. Discuss the impact 			



b.	appreciat	e	the
	reactions		of
	Africans	to	the
	impositio	n	of
	colonial r	ule.	
	_	_	_

- c. understand the terms of the 1900 Buganda Agreement.
- d. appreciate the results of the 1900 Buganda Agreement.

Agreement	was	and	allow
learners	to	ask	some
questions.			

- iii) Use the Internet or library research to find out the clauses of the 1900 Buganda Agreement.
- iv) Let the learners participate in a debate about the effects of the 1900 Buganda Agreement on:
 - Buganda
 - Uganda
- v) In groups, the learners roleplay the long term effects of the 1900 Buganda Agreement.

of the 1900 Buganda Agreement in modern Uganda.

Sub-topic 3: Resistance to Colonial Rule

Duration: 1 Hour

The learner should be able to:

- a. know the societies that resisted colonial rule in East Africa.
- b. appreciate the role of resistors in preserving the independence of their states.
- c. analyse the long term effects of the 1900 Buganda Agreement.

- i) Guide the learners to list and discuss communities that resisted colonial rule in Uganda.
- ii) In groups, task the learners to dramatise the reasons for resistance to colonial rule in East Africa.
- iii) Involve the learners in a discussion about the methods used by resistors to preserve their independence.
- iv) Engage the learners in a brainstorming session on the meaning of passive resistance.
- v) Organise the learners to discuss the effects of African resistance to colonial rule.

Guide the learners to discuss the results of resistance to colonial rule in East Africa.

Sub-topic 4: Conflicts and Resolutions in East Africa

Duration: 2 Hours

The learner should be able to:

- a. understand the recent community conflicts in East Africa.
- b. know different forms of conflicts in East Africa using timeline flowchart.
- c. understand how conflicts can be caused and resolved in East Africa.
- d. appreciate the impact of common conflicts and suggest how they can be avoided in East Africa.

- i) In a guided discussion, let learners brainstorm and list the recent conflicts witnessed in East Africa.
- ii) Engage learners in a discussion about the common causes and the effects of community conflicts in East Africa.
- iii) Using ICT and library research, let learners establish how traditional monarchical leadership can help to solve a conflict and report to class.
- iv) Guide learners to classify different forms of formal and informal conflict and create flowcharts of how they progress.
- v) Task learners to dramatize one type of conflict. Show various stages through which it progresses up to its resolution.
- vi) Organise learners for a debate about how leaders can help to resolve conflicts in communities.
- vii) Guide learners to draw a posture reflecting Peaceful Co- existence of communities emerging from a war situation.

- Engage and observe learners in a discussion about the causes and results of common community conflicts.
- Assess their flowcharts for understanding of the progression of conflicts and ability to present this creatively.
- In role play and debate, observe their critical thinking about the role of a leader in conflict resolution.
- Observe learners in a discussion about the common forms of conflict resolutions in East Africa.

Hint to the Teacher

You should know the varied African responses towards European colonialism in East Africa. You should also help the learners to judge and carry out debates



between collaboration and resistance responses to colonial rule. Teach the learners the general causes and resolutions of conflicts.

References

- Atuhaire, G. K. (2010). Early Civilization and the History of East Africa 1000 AD Independence. Kampala, Uganda pp 134-183.
- Dumba, I. (2018). *Amplified Social and Economic History of East Africa from 1800 Present.* Longhorn, Kampala, Uganda. pp 105-195.
- Nakiwala, R. (2014). *Revision UCE: History of East Africa.* Longhorn. Kampala, Uganda. pp 95-105.
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Topic 9: The Colonial Economy in East Africa

Duration: 12 Hours

Competency

The learner should be able to understand the nature of the colonial economy and appreciate the economic, social and political developments in East Africa during the colonial period.

Sub-topic 1: Background					
Duration: 2 Hours					
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy			
The learner should be able to: a. evaluate the salient features of the precolonial economy. b. analyse the role of the Africans in colonial economy. c. know the benefits and weaknesses of the colonial economy. d. appreciate the role of Africans in colonial economy.	 i) Task the learners to use the Internet or library research and explain the situation in East Africa before the introduction of colonial economy. ii) Involve the learners in group discussion to describe the term colonial economy. iii) Engage the learners in a discussion about the salient features of the colonial economy. iv) Organise a debate on the strength and weaknesses of the colonial economy in East Africa. 	Organise the learners to debate the benefits of the colonial economy. With the examples, discuss the advantages and the disadvantages of colonial economy to Africans.			
Sub-topic 2: Agricultural Developments in Colonial Economy Duration: 2 Hours					
The learner should be able to: a. understand the reasons why colonial administration	i) Make the learners take part in a discussion about the colonial developments in the agricultural sector in East Africa.	How was agricultural practice used by colonialists to exploit East			



- encouraged both peasant and plantation farming.
- b. evaluate the benefits of agriculture in colonial economy of East Africa.
- c. analyse the problems faced in the development of agriculture in East Africa.
- d. appreciate the foundation laid by the colonial economy in the making of modern East Africa.

- ii) In groups, let the learners discuss the reasons why the colonial administration encouraged both peasant and plantation farming.
- iii) Task the learners to identify the problems faced in the development of agriculture in East Africa.
- iv) Engage the learners in a brainstorming session on the effects of agricultural developments in colonial East Africa.

Africans?

Task the learners to answer simple questions about the features of colonial economy, such as: If you were a government leader Uganda around 1890, what would you do about this nature of colonial economy?

Sub-topic 3: Industrial Developments

Duration: 2 Hours

The learner should be able to:

- a. understand why industries were established in colonial East Africa.
- know the types of industries that were established in East Africa.
- analyse the problems that were faced by Africans in industrial colonial economy.
- d. appreciate results of industrial developments in colonial East Africa.

- i) Guide the learners to identify the reasons for the establishment of industries in East Africa.
- ii) In groups, task the learners to discuss the types of industries established in East Africa at colonial time.
- iii) Involve the learners in a brainstorming session about the problems faced in the development of industries in East Africa.
- iv) Organise the learners to debate the effects

Discuss the benefits of colonial industrial developments to East Africans.

of industrial establishment in colonial East Africa.

Sub-topic 4: Social Developments

Duration: 2 Hours

The learner should be able to:

- a. know the health centres that were built in East Africa in the colonial time.
- b. evaluate the social problems that were faced during colonial economy period.
- c. assess the results for the development of health centres in East Africa.
- Guide the learners to use the Internet or library research and list key colonial health centres established in East Africa.
- ii) Ask the learners to identify the problems faced in the development of the health sector in East Africa during the colonial time.
- iii) Organise the learners in groups to discuss the effects of the colonial development of the health sector on the people of East Africa.

Discuss the response of African traditional healers towards the introduction of colonial health centres in East Africa.

Sub-topic 5: Political Developments in East Africa

Duration: 2 Hours

The learner should be able to:

- a. understand the plans for federation of the East African states.
- b. know the steps that were taken to establish a closer union of East African states.
- In groups, guide the learners to identify the need for the Federation of the East African territories' closer union.
- ii) Guide learners to understand the

Group the learners in threes to discuss and make presentations on the formation of key political parties that led to independence of Kenya, Uganda and Tanzania.



- c. understand the reasons why the attempts to establish a closer union of East African states were a failure.
- d. know the reasons for the formation of East African Common Services Organisation in 1948.
- e. assess the achievements of the East African Common Services in 1948.
- f. analyse the reasons for the collapse of the East African Common Services in the 1950s.

- steps taken to bring about the closer Union of East African territories.
- iii) Ask the learners to describe the reasons for the failure to achieve the closer Union in East Africa.
- iv) Involve the learners in a brainstorming session to identify the reasons for the formation of the East African Common Services Organisation in 1948.
- v) In a role-play, let the learners show achievements and the failures of the East African Common Services Organisation.
- vi) Task the learners to identify the reasons why the East African Common Services Organisation collapsed.

Sub-topic 6: Colonial Transport Policy: The Uganda Railway

Duration: 2 Hours

The learner should be able to:

- a. understand why the East
- i) Guide the learners to use the Internet and library
- Debate as a class the benefits of the Uganda railway to

- African railway was called Uganda railway.
- b. draw a sketch map to show the major towns served by the Uganda Railway.
- c. know the reasons for the construction of the Uganda Railway.
- d. analyse the challenges faced during the construction of the Uganda Railway.
- e. appreciate the impact of the construction of the Uganda Railway on the peoples of East Africa.

- research to understand why the first railway line in East Africa was called Uganda Railway.
- ii) Task the learners to draw a sketch map and locate where the railway lines passed in East Africa.
- iii) Let the learners brainstorm the reasons behind the establishment of the Uganda Railway.
- iv) Encourage the learners to take part in a discussion about the challenges faced during the construction of the Uganda Railway.
- v) Organise the learners in groups to discuss the results of the construction of the Uganda Railway in East Africa.

- Uganda.
- Compare the problems faced by the Uganda Railway today and in 1950s.
- Demonstrate to the learners the different stages of the railway development from 1896 to 1956.

Hint to the Teacher

You should be able to understand the background and the impact of colonial economic exploitative policies in East Africa. Use relevant examples to help learners understand the features of the colonial economy.



References

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Topic 10: East African Community

Duration: 3 Hours 30 Minutes

Competency

The learner should be able to explain the challenges involved in achieving the East African cooperation and how it can be sustained. The East African cooperation is also commonly referred to as East African Common Services (EACOS).

Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy
The learner should be able to: a. understand the background to the foundation of EAC. b. know the set up and the structure of EAC.	 i) Guide the learners to use the library research and the Internet to explain the EAC. ii) Task the learners to identify the structure of the EAC and its organs. iii) Guide the learners to draw a sketch map showing the countries in the EAC. 	Imagine you were the president of one of the East African countries, draft proposals for further cooperation between your country and the rest of East Africa.
c. locate the EAC states on the map of Africa. d. analyse the state	iv) Task the learners to identify the objectives of establishing the EAC.v) Involve the learners in a	
objectives set up by EAC. e. evaluate the achievements of	discussion about the achievements of EAC since 1967 and why it collapsed in 1977.	
EAC. f. know the factors	vi) Explain to the learners how and why EAC was revived. vii) Let the learners brainstorm the challenges faced by the EAC.	
g. analyse the reasons for the revival of EAC.	riii) Guide learners to describe the steps taken to revive the EAC since 1986.	
h. appreciate the value of regional cooperation in East Africa.	ix) Task learners to identify the problems being faced by EAC.x) Encourage the learners to suggest solutions to the problems faced by EAC.	



Hint to the Teacher

You should know the background and justification for the establishment of EAC. Instruct the learners to keep using the internet search and find out the current details about the EAC. Help the learners to understand the current issues about EAC.

References

Dumba, I. (2018). *Amplified Social and Economic History of East Africa from 1800 – Present.* Longhorn, Kampala, Uganda. pp 311-399. www.EAC.org.

Sample

Topic 11: National Movements and Struggle for Independence in East Africa

Duration: 6 Hour

Competency

Learning Outcomes

The learner should be able to understand the causes and results for the struggles of independence in East Africa.

Suggested Teaching and

	Learning Activities	Assessment			
	Lear ming Activities	Strategy			
Sub-topic 1: Background Duration: 1 Hour					
	 i) In groups, task the learners to use the Internet or library research to find out the meaning of the term African nationalism. ii) Let the learners brainstorm the factors responsible for the growth of African nationalism in Kenya. iii) Involve the learners in a discussion about the key personalities that helped in the struggle for the rise of African nationalism. 	 Compare the West African struggle for independence with those of East African states. Discuss the steps taken by Uganda to attain its independence. 			
Sub-topic 2: Ugand Duration: 2 Hours	a				
The learner should be able to: a. understand the roles played by various political parties and personalities towards the independence	 i) Guide the learners to categorize the factors for the rise of African nationalism. ii) Task the learners to draw a sketch map of East Africa and locate Kenya, 	Engage the learners as a class to identify the probable challenges and solutions to the Ugandan			
struggle of Uganda. b. draw a sketch map to	Tanzania and Uganda. iii) In groups, task the	nationalists during			



Learning Outcomes	Sample		
	Suggested Teaching and Learning Activities	Assessment	
		Strategy	
locate Uganda on the map of East Africa. c. analyse the methods used in the attainment of independence in Ghana with those of Uganda. d. assess the contribution of Ignatius Musaazi in the struggle for independence of Uganda. e. appreciate the contribution of the various personalities in the struggle for independence of Uganda.	learners to discuss and make presentation on the contributions of the Democratic Party (DP) in the struggle for independence of Uganda. iv) Involve the learners in a discussion to compare the independence struggles of Uganda with that of Kenya. v) Use library research or the Internet to identify the contribution of Ignatius Musaazi towards the struggle for independence of Uganda. vi) Engage the learners in a brainstorming session to identify the challenges faced in the struggle for independence of Uganda. vii) Let the learners take part in a discussion about the impact of independence struggles for Uganda.	independence.	
Sub-topic 3: Kenya			
Duration: 1 Hour 30 Minute	S		
The learner should be able to: a. understand the background for the independence of Kenya. b. assess the roles played by Jommo Kenyatta in the struggle for independence of Kenya.	 i) Introduce the learners to the background for the rise of independence in Kenya. ii) In groups, task the learners to use the library research and make a presentation on the role of Jommo Kenyatta in the struggle for independence of Kenya. iii) Involve the learners in a 	In groups, task the learners to identify the British colonial policies that aroused nationalistic sentiments among the Kenyans.	

Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy
 c. analyse the role of KANU in the struggle for independence of Kenya. d. analyse the challenges faced in the struggle for the independence of Kenya. 	discussion about the role of KANU in the independence struggle of Kenya. iv) Organise the learners in a brainstorming session about the challenges faced in the struggle for the independence of Kenya.	
Sub-topic 4: Mau-N Duration : 1 Hour 30 Minute	Mau Rebellion of 1952-1	960
The learner should be able	i) Using the previous	How did the events
to: a. know the meaning of the term Mau-Mau.	knowledge, guide the learners to explain the meaning of the term Mau-	of World War II contribute to the rise of the Mau-
b. understand the origin of the Mau-Mau movement in Kenya.	Mau. ii) In groups, task the learners to identify and	Mau movement in Kenya?
c. evaluate the causes of the Mau-Mau rebellion of 1952-1960.	discuss the possible causes of the Mau-Mau rebellion in Kenya.	
d. draw and explain the course of Mau-Mau rebellion.	iii) Engage the learners to draw timelines and describe the events of the	
e. appreciate the impact of Mau-Mau rebellion	Mau-Mau rebellion in Kenya.	
in Kenya.	iv) Guide the learners to participate in the discussion about the results of Mau-Mau rebellion in Kenya.	

Hint to the Teacher

You should be able to know the background, impact and challenges to nationalistic and the independence struggles in East Africa. Special attention should be given to personalities who participated in spearheading the struggle for independence in East Africa.



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LEVEL 2

History of Southern Africa

Topic 1: The Earliest Peoples of South Africa

Duration: 6 Hours 10 Minutes

Competency

The learner should be able to appreciate the geography and peoples of Southern Africa in the earliest times.

Sub-topic 1: Introduction				
Duration: 2 Hour 10 Minutes	S			
Leading Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy		
The learner should be able to: a. draw and locate Southern Africa on African map. b. draw the map of Southern Africa and on it locate key towns and physical features. c. draw the map of Southern Africa, mark and name the frontline states.	 i) Guide the learners to use the Atlas and locate the region of Southern Africa. ii) Task the learners to draw the map of Southern Africa and name the key towns and the physical features. 	Draw the map of Southern Africa and name the key features.		
Sub-topic 2: The San Duration: 1 Hour				
The learner should be able to: a. understand the background and the origin of the San	i) Guide the learners to use the library research and trace the origin of the San community.	characteristics of the San		
community in South	ii) Using guided			



	Africa.	discovery,	the
b.	know the organisation	learners should	take
	of the San community.	notes about the	social,
		political and eco	nomic
		organisation of	the
		San community.	

Sub-topic 3: The Khoikhoi

Duration: 1 Hour

The learner should be able to:

- a. understand the background and the origin of the Khoikhoi.
- b. know the organisation of the Khoikhoi community.
- i) Guide the learners to use library research to trace the origin of the Khoikhoi.
- ii) Using guided discovery, let the learners take notes about the social, political and economic organisation of the Khoikhoi.

Task the learners to identify the major characteristics of the Khoikhoi.

Sub-topic 4: The Bantu

Duration: 2 Hours

The learner should be able to:

- a. understand the origin of Bantu.
- b. analyse the reasons for Bantu migration into Southern Africa.
- c. discuss the organisation of any Bantu society in Southern Africa.
- d. take part in a discussion about the results of the Bantu migration into Southern Africa.
- i) Guide the learners to use the Internet and the library research to find out the origin and the reasons for the migration of the Bantu into Southern Africa.
- ii) Organise the learners into groups of threes and task them to discuss the organisation of any Bantu society in Southern Africa.
- iii) In groups, guide the learners to discuss the impact of the Bantu migration in South Africa.

Engage the learners to point out the main activities of the Bantu migrants into Southern Africa and the resultant implications.

Hint to the Teacher

You should be well versed with the way of life of early inhabitants for people of South Africa. Test the learners to find out whether all the key elements have been understood on this topic. Let them know all the precolonial societies in South Africa.

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Cooper, O. (1968). *The Making of Modern Africa*. Longman Group, London. pp 211-227.

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Topic 2: Early European Occupation of the Cape

Duration: 4 Hours

Competency

The learner should be able to understand the increasing interest in the Cape by outsiders.

Sub-topic 1: The Dutch Settlement			
Duration: 2 Hours			
Leading Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy	
The learner should be able to: a. understand the origin of the Dutch settlement at the Cape in South Africa. b. know the reasons why the Dutch settled at the Cape. c. evaluate the problems faced by the Dutch at the Cape and suggest their solutions. d. understand how DIECO administered the Cape. e. appreciate the impact of the Dutch settlement at the Cape.	 i) Guide the learners to use the Internet or library research to find out the origin of the Dutch at the Cape. ii) Task the learners to explain why the Dutch came to South Africa. iii) Organise the learners into a brainstorming session about the problems faced by the Dutch settlers in South Africa. iv) Guide the learners to understand the achievements, failures and reasons for the collapse of DIECO in South Africa. v) Involve the learners in a discussion about the results of the Dutch settlement in South Africa. 	Task the learners to categorise the factors for the Dutch settlement into external and the internal.	
Sub-topic 2: British			
Duration: 2 Hours The learner should be able to: a. analyse the reasons for British occupation of the Cape Province.	 i) Guide the learners to identify the reasons for the British occupation of the Cape. ii) Guide the learners to identify the reforms brought by the British at 	In groups, task the learners to describe the relationship between the	

b.	Appreciate	the	the Cape.	Africans,	the
	reforms and	the	iii) In groups, task the learners to		the
	impact of the B	ritish	discuss the effects of the British	British.	
	occupation at	the	occupation in South Africa.		
	Cape.				

Hint to the Teacher

You need to know the geography of South Africa and why the Europeans were interested in its occupation. Share with the class about the team of Europeans that came to Cape colony by this time and their specific impact.

References

Cooper, O. (1968). The Making of Modern Africa. Longman, London. pp 211-227.

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Topic 3: Mfecane Movement and the Formation of New States

Duration: 6 Hours

Competency

The learner should be able to understand the concept of Mfecane and its impact on state formation process in Southern Africa.

Sub-topic 1: Mfecane Movement						
Duration: 2 Hours	Duration: 2 Hours					
Learning Outcomes	Learning Outcomes Suggested Teaching and Sample					
	Learning Activities	Assessment				
		Strategies				
The learner should be able	i) Guide the learners to use the	Engage the				
to:	Internet or library research	learners to				
a. understand the origin	to find out the meaning of	compare the				
and the meaning of the	the term "Mfecane".	situation in				
term "Mfecane".	ii) In groups, task the learners	Southern				
b. know the causes of	to discuss and list the causes	Africa before				
Mfecane movement in	of Mfecane movement in	and after the				
and outside Southern	Southern Africa.	Mfecane				
Africa.	iii) Use the map of Africa and	movement.				
c. draw a sketch map	guide the learners on how to					
showing Mfecane movement into East and	trace the course of Mfecane					
d. appreciate the changes	iv) Organise the learners for a debate on the effects of					
caused by the Mfecane	Mfecane movement.					
movement in Southern	Miecane movement.					
Africa.						
milea.						
Sub-topic 2: The Zulu State						
Duration: 2 Hours						
The learner should be able	i) Guide the learners to use the	Task the				
to:	Internet or library research	learners to				
a. understand the	to trace the origin of Zulu	identify the				
background and the	state.	key methods				
origin of the Zulu state.	ii) Organise the learners in a	or policies				
b. evaluate the factors	brainstorming session about	used by king				

responsible	for	the	rise
of the Zulu s	tate.		

- c. discuss the organisation of Zulu state.
- d. analyse the role played by king Shaka in building the Zulu state.
- e. evaluate the reasons for the decline of the Zulu state.
- factors for the rise of Zulu state.
- iii) Guide the learners to discuss the organisation of the Zulu state.
- iv) Organise the learners to roleplay the leadership of king Shaka.
- v) Encourage the learners to give their views about the factors that led to decline of the Zulu state.

Shaka in state formation that led to the Mfecane in Southern Africa.

Sub-topic 3: The Sotho State

Duration: 2 Hours

The learner should be able to:

- a. understand the origin of the Sotho state.
- b. know the key aspects for the organisation of the Sotho state.
- c. analyse the role played by Moshesheo in building the Sotho state.
- **d.** appreciate the relationship between the Sotho, the British and the Boers.
- i) Guide the learners to use the Internet or library research to trace the origin of Sotho state.
- ii) Ask the learners to describe the organisation of Sotho state.
- iii) Organise the learners and task them to brainstorm the role of Moshesheo in building the Sotho state.
- iv) Involve the learners in sharing their views on the relationship between the British and the Boers.

Engage the learners to compare the methods of state formation of King Shaka with that of Moshesheo.

Hint to the Teacher

You should know the background and the trends for Mfecane movement in Southern Africa. Help the learners to understand the impact and current relevance of Mfecane movement in East Africa.

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Cooper, O. (1968). *The Making of Modern Africa*. Longman, London. pp 211-227. Davis, N.E. (2010). *A History of Southern Africa*. Longman, London. pp 8-19. Kiggundu, J. C. et al. (2006). *A Survey of South African History*. Kampala, Uganda. pp 10-14.



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Topic 4: European Penetration into the Interior of Southern Africa: The Great Trek.

Duration: 3 Hours 30 Minutes

Competency

The learner should be able to appreciate the process and the impact of European penetration into the interior of Southern Africa.

Learning Outcomes	Suggested Teaching and	Sample
	Learning Activities	Assessment
		Strategies
The learner should be able	i) Guide the learners to use	Task the learners
to:	their previous knowledge to	to describe the
a. understand the	trace the origin of the Great	relationship
background for the	Trek.	between the Boer
origin of the Great	ii) In groups, task the learners	trekkers and the
Trek.	to discuss the causes of the	British.
b. analyse the causes of	Great Trek.	
the Great Trek	iii) Use a wall map to show the	
movement in Southern	learners the movement of	
Africa.	the trekkers into the	
c. draw and describe the	interior of South Africa.	
course of the Great	iv) Task the learners to identify	
Trek.	the problems faced by the	
d. evaluate the problems	Dutch during the Great Trek	
faced by the Great	movement.	
trekkers in Southern	v) Involve the learners to	
Africa before 1850.	debate the effects of the	
e. appreciate the impact	Great Trek movement.	
of the Great Trek.		

Hint to the Teacher

You should know the impact of British reforms in Southern Africa around 1820s.

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Topic 5: Christian Missionary Activity in Southern Africa

Duration: 6 Hours

Competency

The learner should be able to appreciate the impact of Christian Missionaries in Southern Africa.

Sub-topic 1: Christian Missionaries in Southern Africa

ous topic 21 cirristian missionaries in southern Airica					
Duration : 2 Hours					
Learning Outcomes			ggested Teaching and	Sample	
		Le	arning Activities	Assessment	
				Strategies	
Th	e learner should be able to:	i)	Use the Internet and	In groups, task the	
a.	know the 19th Century		the library research to	learners to identify	
	Christian Missionary		find out the groups of	the factors that	
	groups in Southern Africa		missionaries who came	limited the	
	and mention where they		to Southern Africa.	missionary	
	came from.	ii)	Task the learners to	activities in	
b.	analyse the reasons for the		give opinions on the	Southern Africa.	
	coming of European		reasons for the coming		
	Christian Missionaries to		of European Christian		
	Southern Africa.		Missionaries to		
c.	know the activities		Southern Africa.		
	carried out by Missionaries	iii)	Organise the learners		
	in Southern Africa.		to debate the effects of		
d.	appreciate the impact of		Christian Missionaries		
	European Christian		in Southern Africa.		
	Missionaries in Southern	iv)	In a group discussion,		
	Africa.		help the learners to		
e.	identify the challenges		understand the role		
	faced by European		played by missionaries		
	Christian Missionaries in		in the colonisation of		
	Southern Africa.		Southern Africa.		
f.	assess the role played by	v)	Task the learners to		
	the Dutch Reformed		brainstorm and		
	Church in Southern Africa.		identify the challenges		
g.	analyse the factors that led		faced by the		
	to the rise of African		missionaries in		



independent Christian churches.	Southern Africa. vi) Guide the learners to discuss the activities and the role of the Dutch Reformed Church in Southern Africa. vii) Task the learners to explain the factors that led to the rise of independent churches.	
Sub-topic 2: Missional Duration: 2 Hours	ry Personalities: Joh	nn Phillip
The learner should be able to: a. understand the background and the origin of the career of John Phillip in Southern Africa. b. assess the achievements of John Phillip in Southern Africa. c. identify the challenges faced by John Phillip.	 i) Guide the learners to use the Internet and library research to find out the background and the career of John Phillip. ii) Organise learners into a brainstorming session about the achievements of John Phillip in Southern Africa. iii) Guide the learners to discuss the challenges faced by John Phillip. 	In groups, task the learners to identify the factors that led to the initial success of missionary activities in Southern Africa.
Sub-topic 3: Missional Duration: 2 Hours	ry Dr Van Der-Kemp	
The learner should be able to: a. understand the origin and the career of Van der Kemp (u). b. assess the achievements of Dr Van der Kemp in the history of Southern Africa.	i) Guide the learners to use the Internet and library research to find out the background and the career of Van der Kemp.	In a discussion, task the learners to compare the activities of John Phillip with Van Der Kemp in the evangelisation of

c. analyse the challenges ii) Organise the learners

into a brainstorming

achievements of Van

about

the

session

faced by Van der Kemp.

Southern Africa.

der Kemp in Southern	
Africa.	
iii) Guide the learners to	
discuss the challenges	
faced by Van Der	
Kemp.	

Hint to the Teacher

You should know the origin and the impact of missionary activities in Southern Africa. Make use of available books in the school library and encourage the learners to do further research.

References

Cooper, O. (1968): The Making of Modern Africa. Longman, London. pp 211-227.

Davis, N.E. (2010). A History of Southern Africa. Longman, London. pp 8-19.

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Topic 6: New Scramble of Southern Africa

Duration: 10 Hour Periods

Competency

The learner should be able to understand the agents, nature and the impact of the new European Scramble for Southern Africa.

Sub-topic 1: Background					
Duration: 1 Hour					
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategies			
The learner should be able to: a. know the meaning of the term scramble and partition of Southern Africa. b. evaluate the reasons that led to the scramble and partition of Southern Africa.	 i) Using the previous knowledge, guide the learners to define the terms scramble and the partition of Southern Africa. ii) Task the learners to give opinions on why the scramble and partition of Southern Africa took place in the 19th Century period. 	Task the learners to categorise the factors for the scramble and the partition of Southern Africa into external and internal reasons.			
Sub-topic 2: Miner Duration: 1 Hour 30 Minute	•				
The learner should be able to: a. know the meaning of the term mineral revolution. b. analyse the problems faced in the exploitation of minerals. c. appreciate the impact of mineral revolution in Southern Africa.	i) Guide the learners to use the Internet or library research to find out the meaning of the term mineral revolution. ii) Demonstrate in a discussion with the learners the problems faced by the blacks during the mineral discovery era in Southern Africa. iii) In groups, task the learners to discuss the results of mineral	Engage the learners to describe the premineral discovery and the postmineral discovery life among the blacks, the Dutch and whites in Southern Africa.			

	discovery in Southern Africa.	
Sub-topic 3: 1st An	glo-Boer War	
Duration: 1 Hour 30 Minute	es	
The learner should be able to: a. understand the background of the 1st Anglo-Boer war. b. discuss the causes of 1st Anglo-Boer war. c. appreciate the impact of 1st Anglo-Boer war.	 i) Using the previous knowledge, guide the learners to understand the 1st Anglo-Boer war in South Africa. ii) Task the learners to identify the causes of the 1st Anglo-Boer war of 1880-1881. iii) Involve the learners in a discussion about the results of the 1st Anglo-Boer war. 	

Sub-topic 4: Jameson Raid

Duration: 2 Hours

The learner should be able to:

- a. know the timelines and tribal relations in Southern Africa to trace the origin of the Jameson raid.
- b. evaluate the causes of the Jameson raid.
- c. analyse the reasons for the failure of Jameson raid.
- d. appreciate the impact of Jameson raid.

- i) Guide the learners to use the Internet or the library research to find out the origin and the background of the Jameson raid.
- ii) Organise the learners in a brainstorming session about the causes of the Jameson raid of 1895 in Southern Africa.
- iii) Using a guided discovery, task the learners to identify the reasons for the failure of the Jameson raid in 1895.
- iv) Involve the learners in a discussion about the results of the Jameson raid in 1895.

Discuss with the learners to find out whether they understand the linkage between the mineral discovery, the 1st & 2nd Anglo-Boer wars, and the Jameson raid.



Sub-topic 5: 2nd Anglo-Boer War

i)

Duration: 2 Hours

The learner should be able to:

- a. know the causes of the 2^{nd} Anglo-Boer war.
- b. draw a sketch map and narrate the course of the 2nd Anglo-Boer war.
- c. analyse the terms of Vereeniging Treaty of 1902.
- d. appreciate the impact of the 2nd Anglo-Boer war.

- Using the previous knowledge, involve the learners in a discussion about the causes of the 2nd Anglo-Boer war of 1902.
- ii) Using a sketch map of Southern Africa, describe the course of the 2nd Anglo-Boer war of 1902.
- iii) Guide the learners to understand the terms of the 1902 Vereeniging Treaty.
- iv) Involve the learners in a discussion about the results of the 2^{nd} Anglo-Boer war.

Engage the learners in the discussion to find out whether they can describe the terms of the 1902 Vereeniging Treaty.

Sub-topic 6: Act of Union

Duration: 2 Hours

The learner should be able to:

- a. understand the origin and the background of 1910 Act of Union.
- b. understand the steps taken during the formation of the 1910 Act of Union.
- c. analyse the terms of the 1910 Act of Union.
- d. appreciate the impact of the 1910 Act of Union.

- i) Using the previous knowledge, discuss the origin and the basis of 1910 Act of Union.
- ii) Task the learners to describe the steps taken to achieve the 1910 Act of Union.
- iii) Engage the learners in a discussion about the terms of 1910 Act of Union.
- iv) Involve the learners in a discussion about the effects of 1910 Act of Union.

Task the learners to describe the situation before the signing of 1910 Act of Union.

Hint for the Teacher

You should know the situation before the mineral discovery and the social, political and economic changes thereafter. Help learners to understand the impact of mineral discovery in South Africa.

References

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Topic 7: African Response to the Scramble for and Partition of Southern Africa

Duration: 4 Hours

Competency

The learner should be able to understand the categories of responses of Africans to the new scramble and partition of Southern Africa and explain the reasons for each type of response.

Sub-topic 1: Nama-Herero				
Duration : 2 Hours Learning Outcomes	Suggested Teaching and	Sample Assessment		
Learning Outcomes	Learning Activities	Strategy		
The learner should be able to: a. understand how Germany colonized Namibia. b. analyse the results of German colonial rule on Namibia. c. evaluate the causes of the Nama-Herero rebellion of 1904-1907. d. draw and describe the course of Nama-Herero rebellion. e. appreciate the impact of Nama-Herero rebellion in Namibia.	understand how the Germans colonised Namibia. ii) In groups, task the learners to discuss the results of the German colonisation of Namibia. iii) Organise the learners in a brainstorming session about the causes of Nama-Herero rebellion. iv) Involve the learners in a discussion about the	identify the factors responsible for the defeat of Africans in the Nama- Herero rebellion.		

Sub-topic 2: Bambatha Rebellion

Duration: 2 Hours

The learner should be able to:

- a. understand the background and the origin of Bambatha rebellion.
- b. analyse the causes of Bambatha rebellion of 1906.
- c. draw and describe the course of Bambatha rebellion in South Africa.
- d. appreciate the impact of Bambatha rebellion of 1906 in South Africa.

- Ask the learners to use the Internet and the library research to trace the origin of Bambatha rebellion.
- ii) Task the learners to describe the causes of Bambatha rebellion.
- iii) Engage the learners to draw a sketch map and describe the course of Bambatha rebellion.
- iv) Task the learners to participate in a discussion about the results of Bambatha rebellion.

Discuss with the learners the lessons they can draw from studying the Bambatha rebellion.

Hint to the Teacher

You need to know the origin and the impact of European activities in Southern Africa. Consult a variety of textbooks to get wide knowledge about the topic.

References

Cooper, O. (1968). *The Making of Modern Africa.* Longman Group, London, England. pp 283-285.

Davis, N. E. (2010). *A History of Southern Africa*. Longman Group England. pp 106-114.

Use Internet search.

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Topic 8: Apartheid Policy

Duration: 4 Hours

Competency

The learner should be able to understand the concept, application and the impact of Apartheid Policy in South Africa.

Sub-topic 1: Apartheid Rule				
Duration: 2 Hours				
Learning Outcomes	Suggested Teaching and Learning Activities	Sample Assessment Strategy		
The learner should be able to: a. understand the background and the origin of the Apartheid Policy in South Africa. b. analyse the reasons why Apartheid rule was applied in South Africa. c. understand how Apartheid rule was practised in South Africa. d. appreciate the impact of the Apartheid Policy in South Africa.	i) Using the previous knowledge, task the learners to trace the background of Apartheid. ii) Task the learners to discuss the conditions in South Africa on the eve of Apartheid rule. iii) Carry out a role-play with the learners to demonstrate the various forms of segregation in South Africa. iv) Involve the learners in a discussion about the effects of Apartheid rule in South Africa.	Task the learners in groups to suggest possible ways of how Apartheid in South Africa would have been solved.		
Sub-topic 2: Bantusta	ns			
Duration: 2 Hours				
The learner should be able to: i) Use the previous Task the				
a. know the meaning and the background for the creation of Bantustans in South Africa.	knowledge to describe the meaning of Bantustans. ii) Task the learners to identify the reasons for	learners to compare the conditions in Bantustans		
b. evaluate the reasons why Bantustans were created in South Africa.c. understand how the	establishment of black homes in South Africa. iii) Guide the learners to demonstrate how	with those in recent refugee settlement camps in		

	Bantustan	policy	was	Bantustans	were	Uganda.
	implemente	ed.		managed.		
d.	appreciate	the impa	ict of	iv) Involve the lear	rners in a	
	Bantustans	on South A	frica.	discussion ab	out the	
				effects of Bant	tustans in	
				South Africa.		

Hint for Teacher

You should be able to know the background and the impact of Apartheid rule in South Africa. Help learners to understand how Apartheid Policy was applied in South Africa. Encourage learners to use ICT and internet search for more information about Apartheid rule.

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Topic 9: African Nationalism in Southern Africa Since 1910

Duration: 4 Hours

Competency

The learner should be able to understand the growth of African Nationalism in Southern Africa since 1910.

Sub-topic 1: Rise of Nationalism						
Duration 2 Hours						
Learning Outcomes	Suggested Teaching and	Sample				
	Learning Activities	Assessment				
		Strategy				
The learner should be able	i) The learners should use the	Engage the				
to:	previous knowledge to	learners to				
a. understand the origin	discuss the meaning of the	compare the Mau-				
and the background of	term nationalism.	Mau National				
the term nationalism.	ii) Organise the learners in a	movement in				
b. analyse the factors	brainstorming session to	Kenya with those				
responsible for the	identify the factors that led	of South Africa				
growth of African	to the rise of African	under Apartheid				
Nationalism in South	Nationalism.	rule.				
Africa.	iii) Task the learners to name					
c. know the activities	and explain the activities of					
that were performed	key political parties in South					
by political parties in	Africa i.e. ANC and PAC.					
South Africa.	iv) Guide the learners in a					
d. identify the challenges	discussion to identify and					
that were faced by	discuss the possible					
political parties in	challenges faced by key					
South Africa.	political parties in South					
e. appreciate the role of	Africa.					
political activists in	v) Engage the learners to					
the growth of	discuss the career and					
Nationalism in South	importance of key					
Africa.	personalities in the history					
	of South Africa. i.e. Nelson					
	Mandela, Albert Luthuli and					
	Robert Sobukwe.					

Sub-topic 2: Nationalism in Namibia

i)

Duration: 2 Hours

The learner should be able to:

- a. understand the background for the rise of national movement in Namibia.
- b. analyse the factors ii) responsible for the rise of nationalism in Namibia.
- c. assess the role played by South West African Peoples Organisation (SWAPO) in the struggle for independence.
- d. analyse the obstacles that hindered the achievement of Namibia to gain independence in time.

- Guide the learners to use the Internet or library research to understand the origin of national independence struggles in Namibia.
- ii) Organise a brainstorming session to identify and discuss the factors that led to the rise of nationalism in South Africa.
- by South West African iii) Demonstrate the role of Peoples Organisation (SWAPO) in the SWAPO in political developments of Namibia.
 - for iv) Engage the learners to identify the challenges met in Namibia in the struggle to achieve their independence.

Discuss with the learners the challenges faced by SWAPO in the struggle for the independence in Namibia.

Hint to the Teacher

You should know the colonial processes of South Africa, the stress of Apartheid rule, the role of ANC and other key personalities that were involved in the struggle for the independence of South Africa. You can play any video about Apartheid rule to the learners. This will strengthen their understanding on the topic.

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