



**PARENT -CHILD
ACTIVITY BOOK 3
TO SUPPORT REMOTE LEARNING
BABY CLASS
3-4 YEARS**

3



ENGLISH

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BOOK 3
TO SUPPORT REMOTE LEARNING
BABY CLASS
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FOREWORD

Following the Outbreak of the CoVID-19 Pandemic, Government of Uganda closed all schools and other educational institutions to minimize the spread of the coronavirus. This has affected more than 36,314 primary schools, 3129 secondary schools, 430,778 teachers and 12,777,390 learners. The COVID-19 outbreak and subsequent closure of all has had drastically impacted on learning especially curriculum coverage, loss of interest in education and learner readiness in case schools open. This could result in massive rates of learner dropouts due to unwanted pregnancies and lack of school fees among others.

To mitigate the impact of the pandemic on the education system in Uganda, the Ministry of Education and Sports (MoES) constituted a Sector Response Taskforce (SRT) to strengthen the sector's preparedness and response measures. The SRT and National Curriculum Development Centre developed print Home-Study Materials, radio and television scripts for some selected subjects for all learners from Pre-Primary to Advanced level. The materials will enhance continued learning and learning for progression during this period of the lockdown, and will still be relevant when schools resume.

The materials focused on critical competences in all subjects in the curricula to enable the learners to achieve without the teachers' guidance. Therefore, effort should be made for all learners to access and use these materials during the lockdown. Similarly, teachers are advised to get these materials in order to plan appropriately for further learning when schools resume, while parents/guardians need to ensure that their children access copies of these materials and use them appropriately.

I recognise the effort of National Curriculum Development Centre in responding to this emergency through appropriate guidance and the timely development of these home study materials. I recommend them for use by all learners during the lockdown.



Alex Kakooza
Permanent Secretary
Ministry of Education and Sports

ACKNOWLEDGEMENT

National Curriculum Development Centre (NCDC) would like to express its appreciation to all those who worked tirelessly towards the production of home-study materials for Pre-Primary, Primary and Secondary Levels of Education during the COVID-19 lockdown in Uganda.

The Centre appreciates the contribution from all those who guided the development of these materials to make sure they are of quality; Development partners - SESIL, Save the Children and UNICEF; all the Panel members of the various subjects; sister institutions - UNEB and DES for their valuable contributions.

NCDC takes the responsibility for any shortcomings that might be. The comments and suggestions may be communicated to NCDC through P. O. Box 7002 Kampala or email admin@ncdc.go.ug or by visiting our website at <http://ncdc.go.ug/node/13>.



Grace K. Baguma

Director,

National Curriculum Development Centre

INTRODUCTION OF THE PARENT – CHILD ACTIVITY - BOOK 3 – Baby class

Dear Parent/Guardian,

This parent - child activity book is intended to be used by working together with the child to do the activity.

Please read carefully and look at the pictures to guide you. The materials to use for activity is well indicated.

The following are the 14 activities **in book 3**

S/N	ACTIVITY
1	Role-playing how people at home protect and care for me
2	Talking about the market and shading things found in the market
3	Demonstrating brushing the teeth as a way of caring for my body
4	Mastering similar shapes
5	Making pattern
6	Role-playing doctors /nurses
7	Naming animals found at home
8	Naming and shading food that is good for out health

9	Comparing and sorting objects according to qualities e.g heavy ,light
10	Finding the odd man out
11	Naming and identifying shapes with related objects(sorting)
12	Naming and identifying the important places
13	Comparing things according to quantities more or less
14	Drawing pictures

ACTIVITY 1: Role playing how people at home protect and care for me.

PARENTS/GUARDIAN SUPPORT

1. You name the people at your home with the child.

Examples

Father, Mother, Baby, Sister, Aunt, Brother



2. Ask the child the role of each person at home and talk more about them

Example

Mummy/Aunt bathes me

Cooks food for me.

Sister cleans my clothes, bathes me

Dad brings me bread, cake and milk



3. Now ask the child to pretend to be a mother, let the child role play the mother role at home.



HEALTHY TIP

Wash your hands often with soap and water for At least 20 seconds especially after you have been in a public place, or after blowing your nose.

ACTIVITY 2: Talking about the market and shading things in the market.

PARENT/GUARDIAN SUPPORT

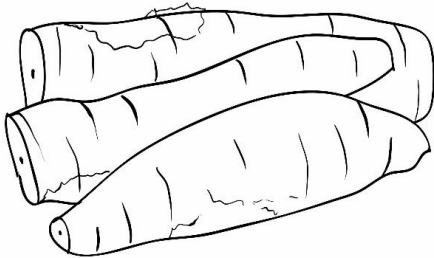
1. Go with a child to the market place which is near you. As you are going tell her we are going to the market. This is a nose”



2. When you reach the market place, ask the child to tell what she can see in the market.



3. Tell the child the importance of a market place e.g. We buy there food e.g. Banana, Cassava, Vegetables e.g. Nakati, Buga. Meat.



4. Go back home as you talk about the things found in the market.
5. Draw pictures of some fruits found in the market on a paper give the child coloured pencils and ask her to shade the fruits.

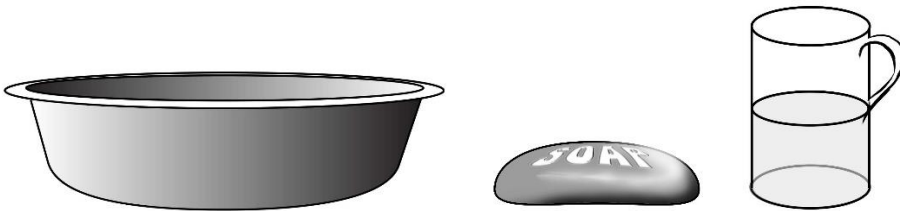
HEALTHY TIP

Avoid touching your eyes, nose and mouth with unwashed hands.

ACTIVITY 3: Demonstrating brushing the teeth as a way of caring for my body parts.

PARENT/GUARDIAN SUPPORT

1. Show the teeth on your body parts and ask a child to show hers. Tell the importance the teeth.eg For chewing, For biting.



2. Ask a child to tell you how she cares and protects his/her teeth e.g. By brushing.



3. Collect different thing you use to brush the teeth and name them with the child.

Examples

Tooth brush

- Ask

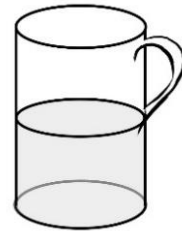
- Clean water

Tooth paste

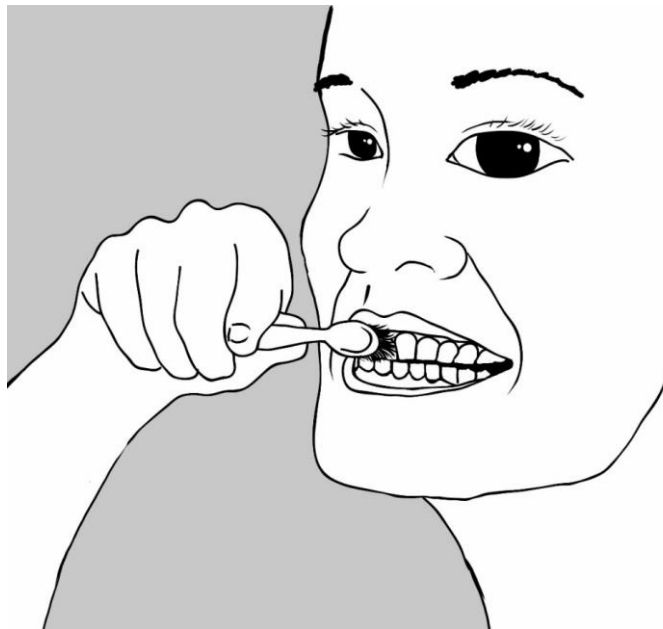
- Sticks

-Charcoal

- Salt



4. Get the toothbrush, put on the paste and demonstrate to the child how to brush.



3. Ask the child to demonstrate brushing the teeth.



6. Tell the child the importance of brushing the teeth.
 - To avoid a bad smell
 - To keep the teeth clean
 - To avoid tooth decay.

HEALTHY TIP

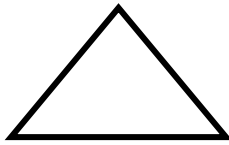
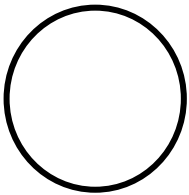
Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet between the person who is sick and other house members.

ACTIVITY 4: Mastering similar shapes.

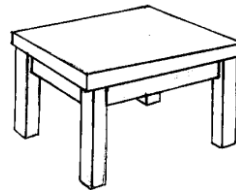
PARENT/GUARDIAN SUPPORT

1. Bring cutouts of different shapes you use at home and name the, with the child.

Examples, Circles, Square, and Triangle



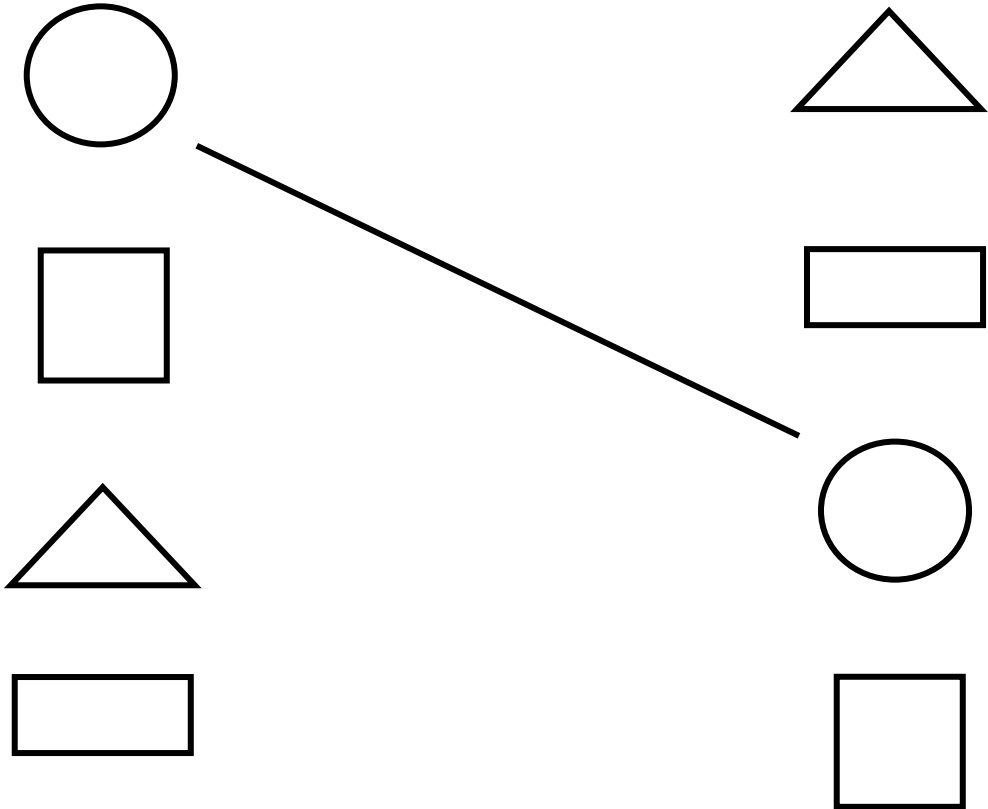
2. Show a shape to a child and ask a child to tell objects related to the shape e.g. circle Square



3. Say the name of the shape and ask a child to pick and show that shape e.g. Show me a square. Show me a circle.



4. Get a book draw different shapes on each side then ask a child to match the same shapes. e.g.



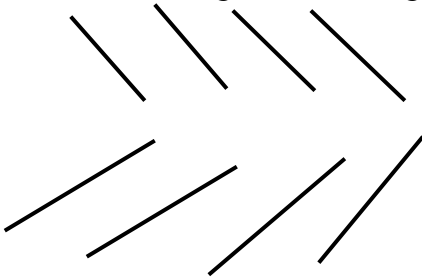
HEALTHY TIP

Put distance between yourself and other people outside your home.

ACTIVITY 5: Making pattern.

PARENT/GUARDIAN SUPPORT

1. Bring a piece of paper and pencil/ a stick.
2. Guide a child to make the pattern of your choice in the book or on the ground. Eg Ask a child to name them



3. Give a written pattern in the book and ask a child to copy and write it.

1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0

HEALTHY TIP

Stay out of crowded places and avoid mass gatherings.

ACTIVITY 6: Role playing Doctors/Nurses

PARENT/GUARDIAN SUPPORT

1. Visit a nearby clinic, dispensary/ hospital, introduce yourself and your child and tell the people you have found there the reasons to why you are there.



2. Tell the child it is a hospital and tell him/her its importance to people in the community. A hospital people go there to get treatment/medical care.



3. Ask the child the people she/he sees there help her to know them and tell their roles.

Examples

Doctors checks sick people

Nurses gives treatment to sick people.



4. Ask a child to pretend to be a doctor/nurse and role play them.

HEALTHY TIPS

Stay at least 6 feet from other people

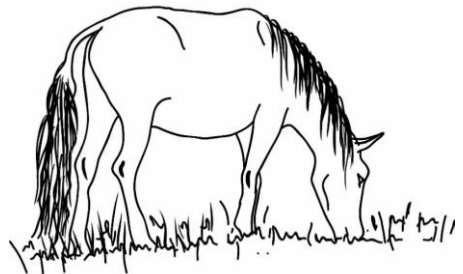
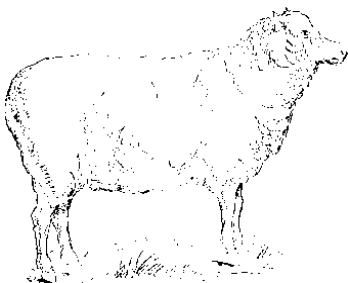
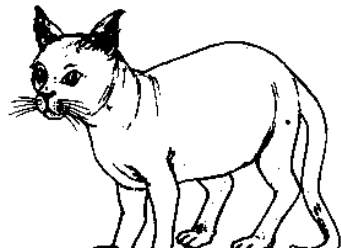
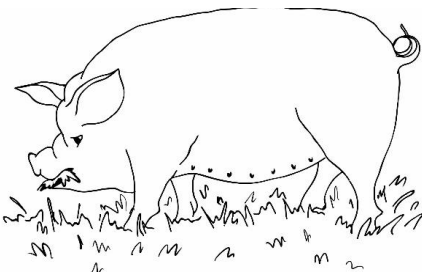
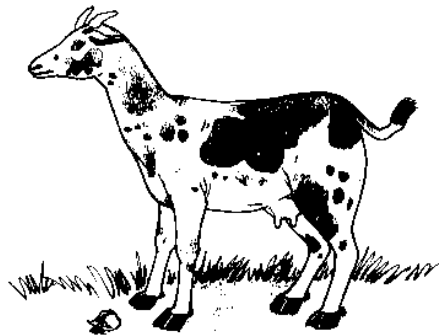
ACTIVITY 7: Naming animals found at home.

PARENT/GUARDIAN SUPPORT

1. If you have animals at home, name them with the child. If you don't have, you can visit anyone in your community with animals at home. Then name them with the child.

Examples

Cow, goat, pig, cat, sheep, horse etc.



2. Talk about animals and their importances at home with the child.

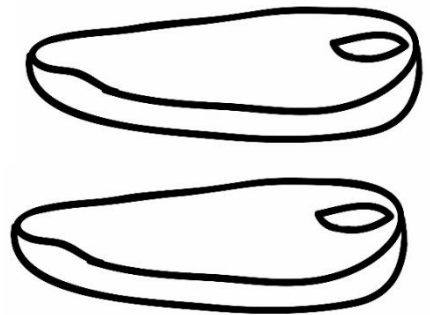
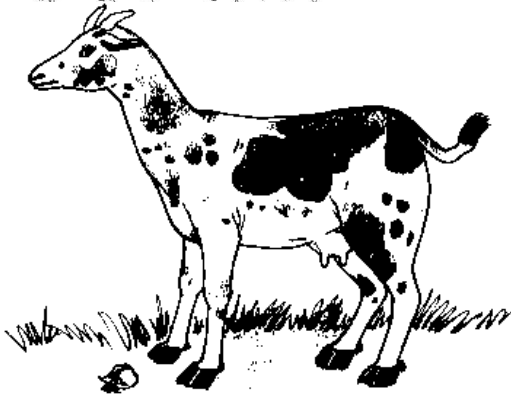
Cat catches rats

Dog guards our homes

Cows gives us meat and milk

A cows meat is called beef

A pigs meat is called pork



3. Ask a child to tell you the importance of each animal.

A cow gives us-----

----- is meat of a pig.



ACTIVITY 8: Naming and shading food that is good for our health.

PARENTS/GUARDIAN SUPPORT

1. Collect different kinds of foods which is good for our healthy.

Examples

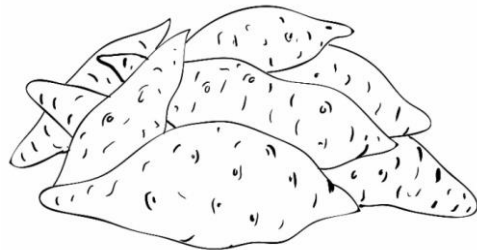
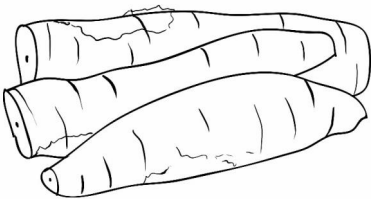
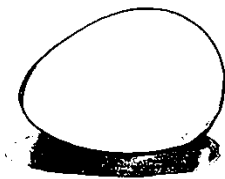
- Eggs, Milk, Beans, Peas
- Cassava, Maize/ Posho (Energy giving Food)

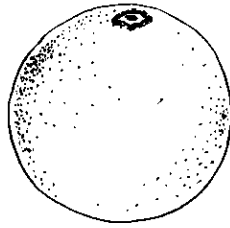


2. Tell children about the different kinds of food and their importance to our bodies.

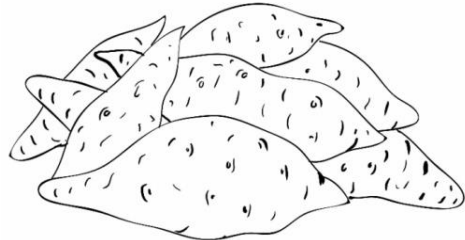
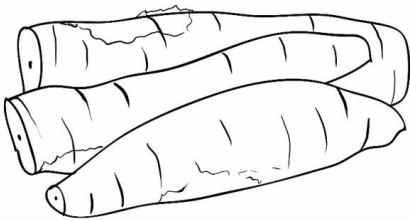
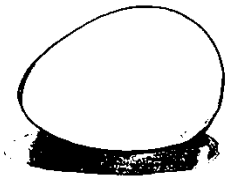
Examples

- Body building food e.g. Eggs, Milk, Beans
- Food which gives us energy e.g. Cassava, Potatoes, Posho
- Food which protects us from diseases e.g. Fruits, Passion, Orange





3. Draw pictures of different foods, provide a child with colours and ask her to shade different food which is good for healthy.



ACTIVITY 9: Objects Comparing and sorting objects according to qualities e.g. Heavy and light.

PARENTS/GUARDIAN SUPPORT

1. Bring objects of different qualities and name them with the child.

Examples

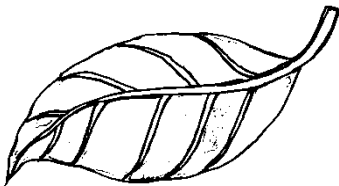
Heavy stone



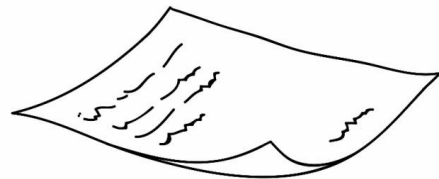
Jerrycan of water



Leaf,



paper



books



2. Parent/guardian carry the heavy ones and say “oooh” heavy” then lift the light one and say “light ” as children are repeating after and allow them to carry each to feel their qualities..

Examples

Heavy jerrycan

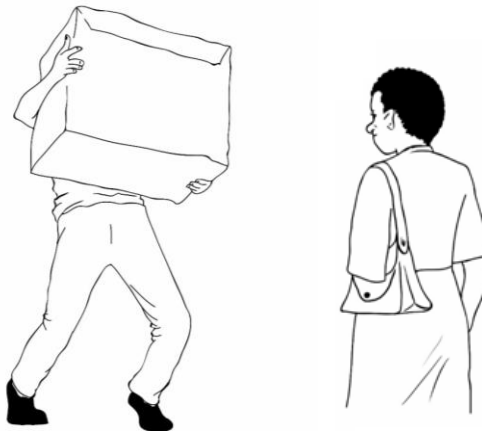
Light jerrycan

Heavy bucket

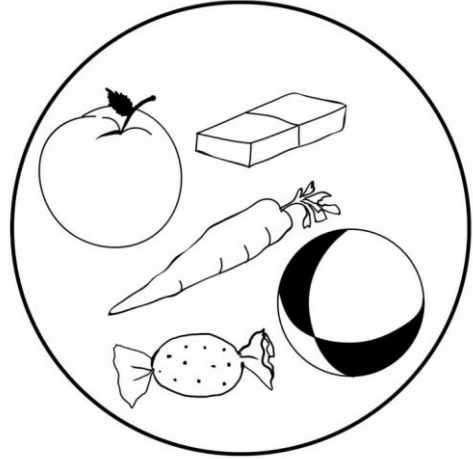
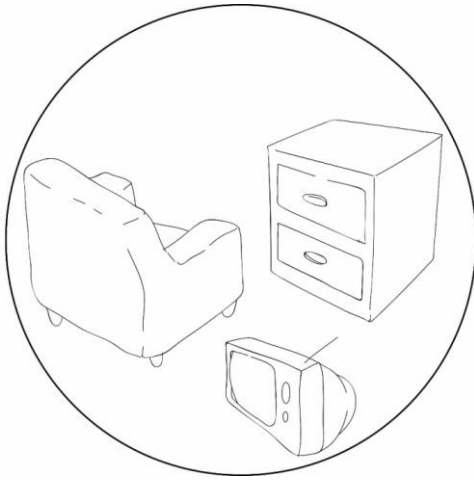
Light bucket.



3. Put all the objects of different qualities together then ask a child to pick an object then say the appropriate word.



4. Ask child to sort and group objects according to quality



ACTIVITY 10: Finding the odd man out.

PARENTS/GUARDIAN SUPPORT

1. Bring a variety of objects used at home and guide a child to name each.

Examples

Cups, Balls, Glasses, Spoons, Forks, Basin.



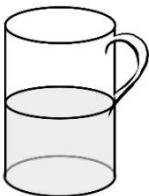
2. Ask a child to pick pictures of your choice then tell its uses.

Pick and show me a cup, what do we use it for-----

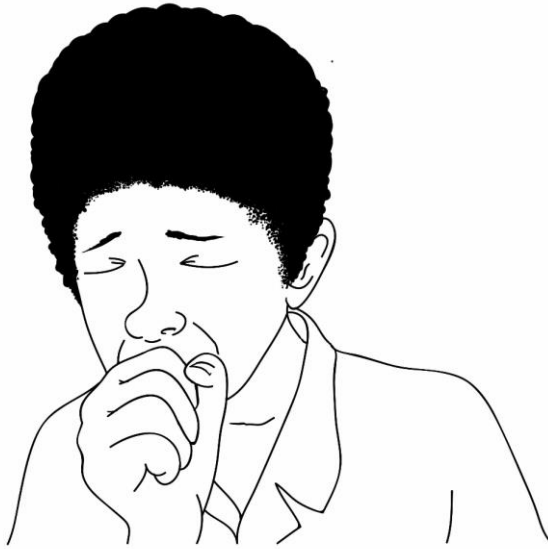
Pick and show me a basin.-----



4. Put some objects and one different object together then tell a child to show what does that match others by picking and showing it. e.g.



Be alert for symptoms. Watch out for fever, cough, shortness of breath or other symptoms of COVID-19



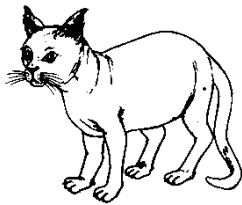
ACTIVITY 11: Identifying the animals and their young ones.

PARENT/GUARDIAN SUPPORT

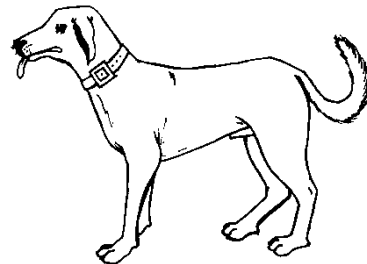
1. Go in the community and see the common animals with in the environment. Then name them with the child.

Examples

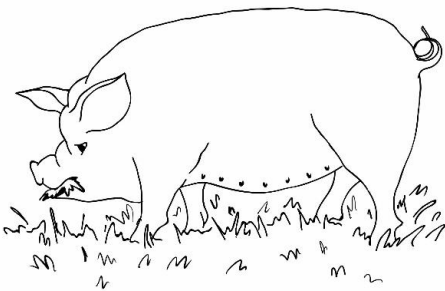
Cat,



Dog, and bathroom.



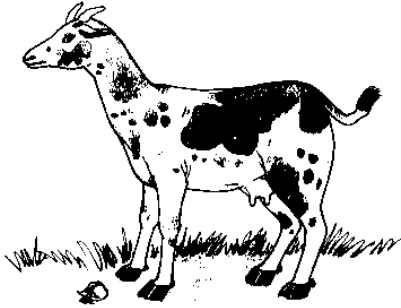
Pig,



Cow



Goat

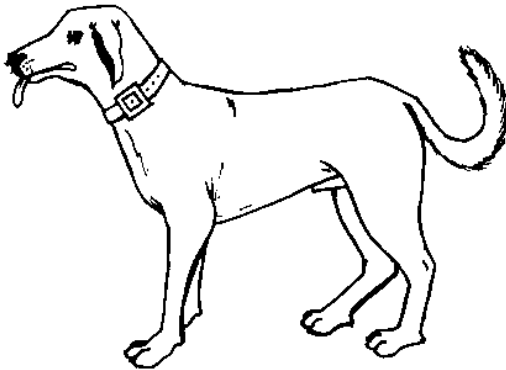
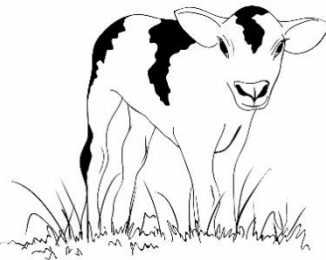
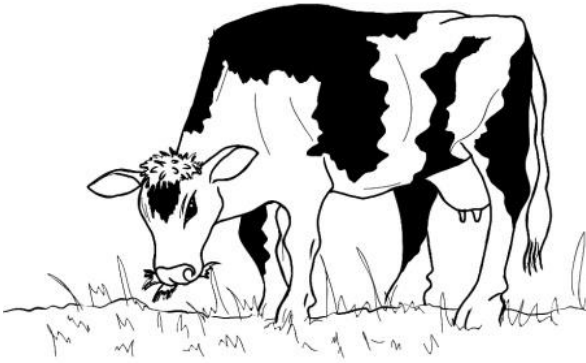


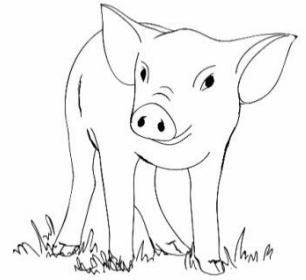
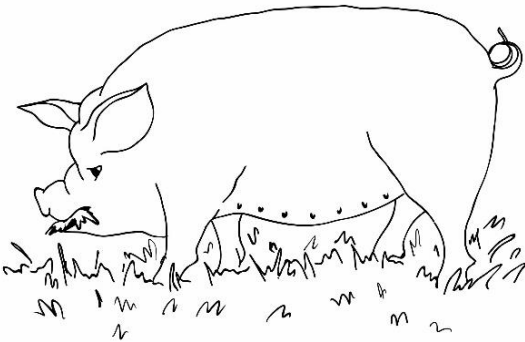
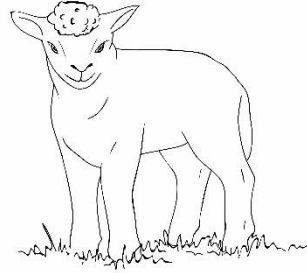
Sheep



2. Show the animal tell its name and it young one.

Example





Throw away used tissues/face masks/or wash and iron the clothed mask before using it again.

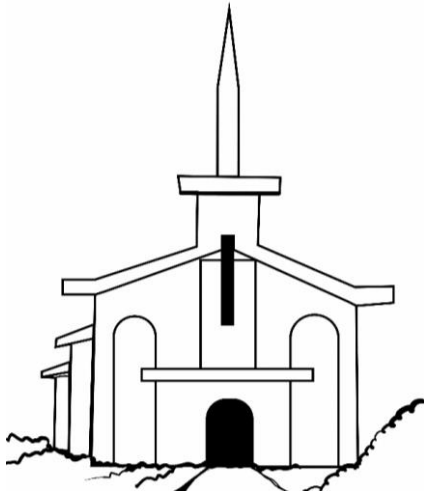


ACTIVITY 12: Naming and identifying the important places.

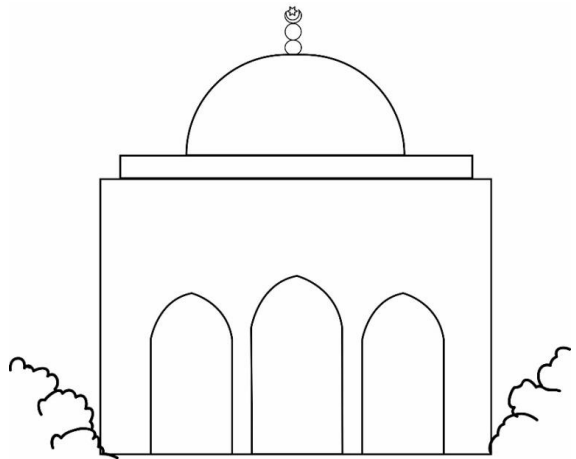
PARENT/GUARDIAN SUPPORT

1. Go around your environment, see the important places with in and name them.

Examples

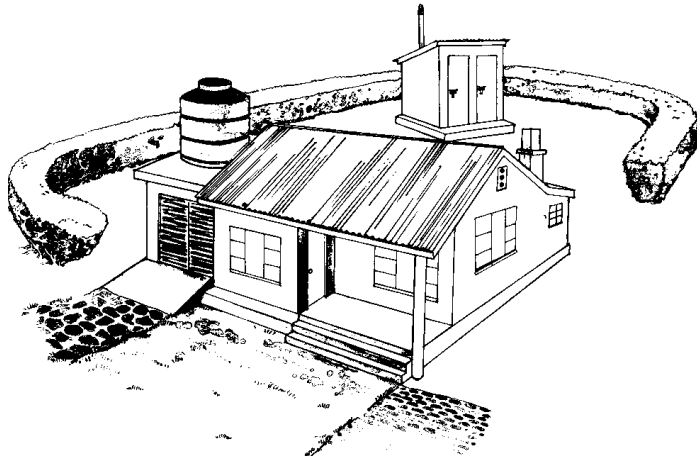


Church



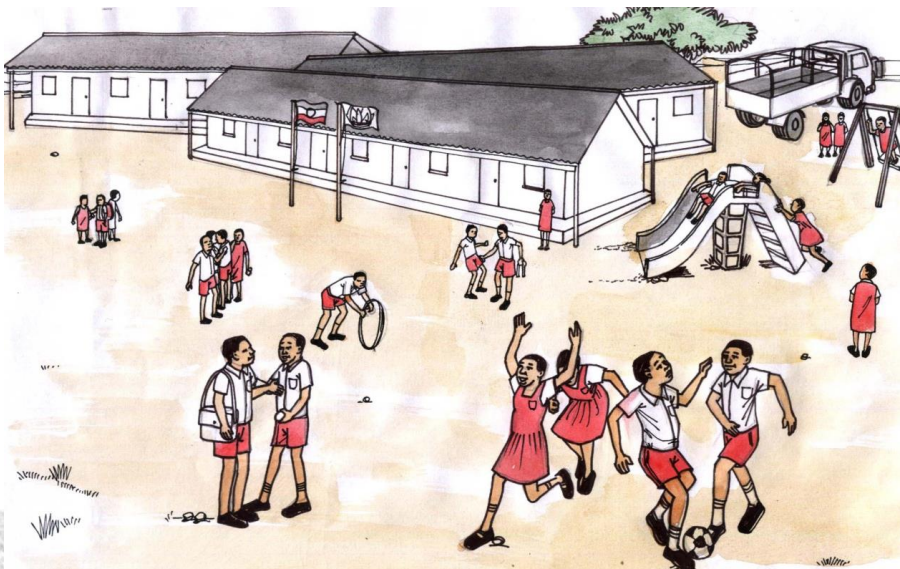
Mosque





School

2. Talk about each important place by its uses.
- People go to church to pray on Sundays but in Covid pandemic all churches and mosques were closed
 - Moslems go to the mosque on Friday
 - People buy food from the markets.
 - We go to schools to learn. But now we stay at home because of Covid.



MARKET



3. Draw pictures of different important places and provide a child
- A Church
 - A mosque

ACTIVITY 13: Comparing things according to quantities more and less.

PARENTS/GUARDIAN SUPPORT

1. Bring things of different quantities (in twos) and name them with the child,

Examples

- 2 glasses - one full of water another with half water
- 2 tins of water - one tin full of water, another with half water.
- 2 baskets with oranges----one with more oranges, another with less oranges.



2. Show a glass full of water and tell the child “This glass has more water, Ask the child to say more water ”



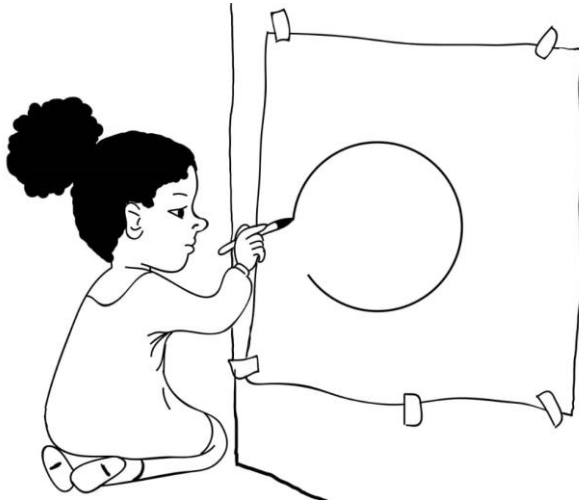
3. Then show a glass with half water and tell the child “This glass has less water, Ask the child to say less.”



4. Continue showing the child different things with less and more while emphasizing the child to repeat what you have shown.

3. Give the child a chance to show you things according to quantity e.g.

- Show me a basket with less oranges
- Show me a tin with less sand
- Show me a glass with more water.

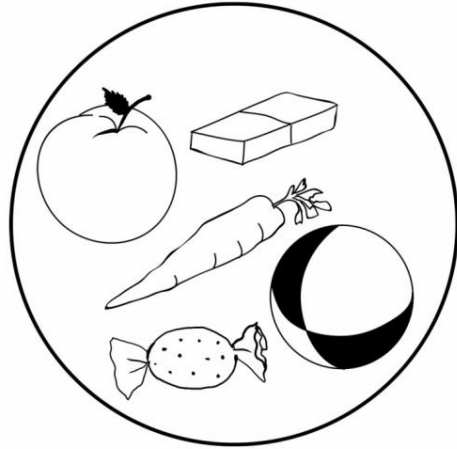
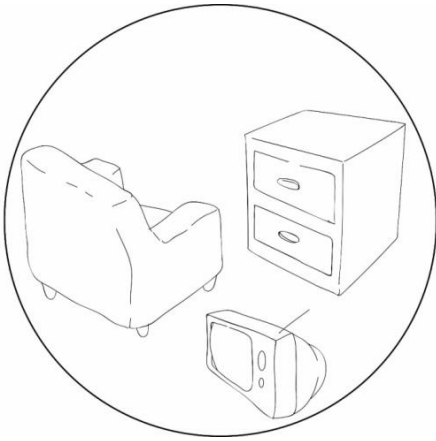


4. You can also instruct a child to put more stones in his basket.



5. Give out already drawn picture in the children exercise books and ask them to circle objects more things.

Examples



HEALTHY TIP

The best way to prevent illness is to avoid being exposed to this COVID-19 virus

ACTIVITY 14: Drawing pictures

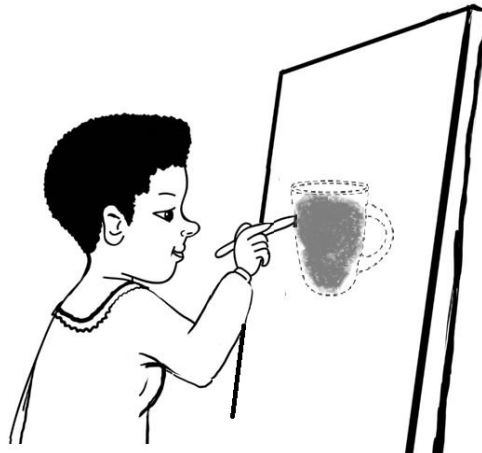
PARENT/GUARDIAN SUPPORT

1. Provide the materials to be used.

Examples

- Paper, crayons, coloured pencils, paint, brushes, coloured stones.
2. Give out drawn outline of any object used at home and guide a child to colour it.

Example



3. Give a child a paper with a drawn object, provide him/her with colours/ paint and ask her to paint/ colour it.



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